

ZAFU

Your cushion comes with a zippered cover made from 100% cotton. The cover may be removed for washing. Your buckwheat zafu's inner shell is also washable. Open shell and pour out buckwheat before washing.

Care Instructions:

Remove zippered cover. Turn cover inside out and machine wash separately in COLD water, gentle cycle, using liquid detergent. Hang to dry. Buckwheat hulls should not get wet.

Avoid direct sunlight for prolonged periods of time. All fabrics will fade over time.



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