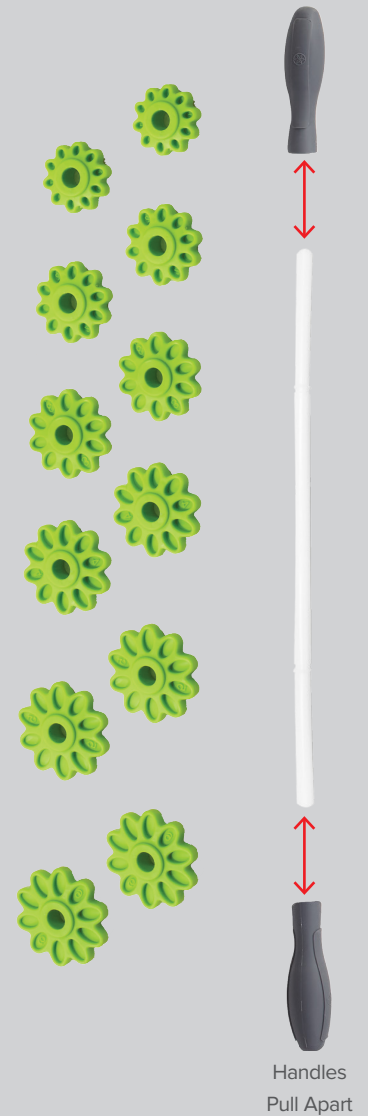
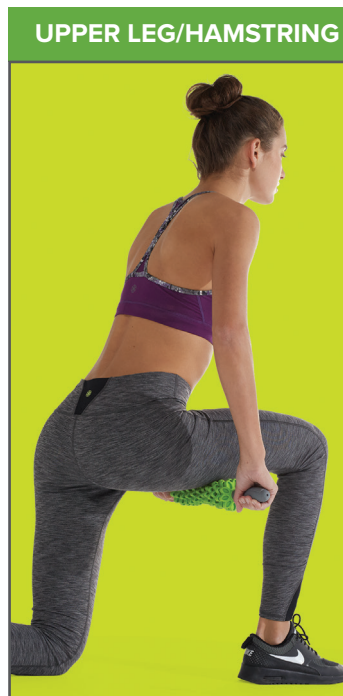
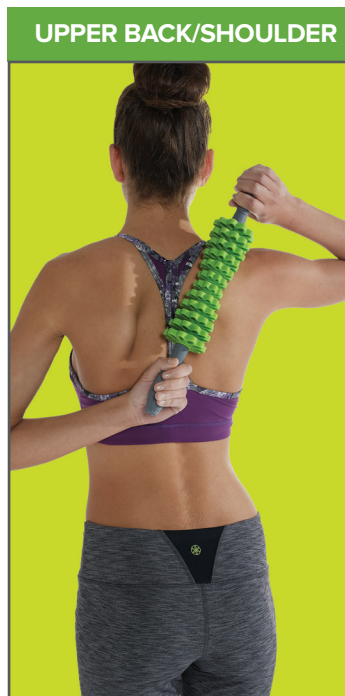
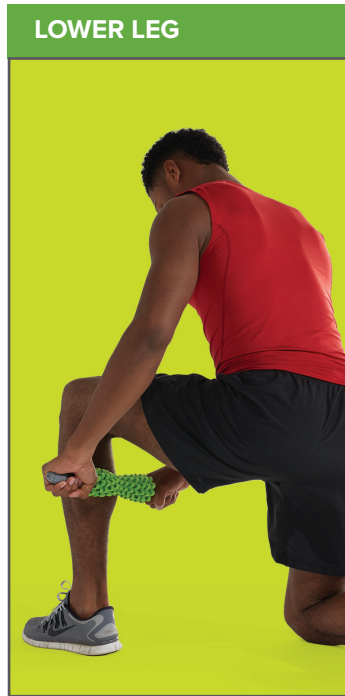


GAIAM RESTORE™

ADJUSTABLE MASSAGE ROLLER EXERCISE GUIDE



HUNDREDS OF OPTIONS IN ONE!

Customize your relief. Featuring an easy attach-and-remove handle that allows you to take off and arrange the massage rings in any order, the Adjustable Massage Roller can be configured hundreds of ways for a personalized pain solution.

Any exercise program comes with inherent risks. Consult your health care professional before beginning this or any exercise program.

©2015 Gaiam Americas, Inc. All rights reserved. GAIAM and the "Flower of Life" logo design are registered trademarks of Gaiam, Inc. or its subsidiaries. Manufactured and distributed by Gaiam Americas, Inc., Louisville, CO 80027-2452 | **MADE IN TAIWAN** | SKU 05-61794GUIDE