

## **MENU**

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AUGUST 23 until AUGUST 29



cooked with Barolo DOCG known as the 'King of Wines'. Consider adding a knob of butter to the ragù.

Martina's Sardinian Lamb Ragù with Fresh **CONCHIGLIE** 

In honour of Sardinia's sheep herders, who bestow the island its gastronomically-renowned lamb ragù. Consider adding a knob of butter to the ragù.

"Carbonara of Dreams" with Fresh BUCATINI & Crispy Pancetta

deliciously-dense golden egg yolk, black pepper and a drop of cream, for a decadent twist on a Roman classic.

**FETTUCCINE** with Spicy Nduja Sausage, Lemon and Mascarpone

Spicy and soft Calabrian 'nduja sausage cooked with the sweet, juicy flesh of Amalfi lemons. A sun-soaked taste of Southern Italy that packs a punch. Serve with roughly chopped parsley leaves, if you so desire.

## Black Truffle MAC & CHEESE

& Cavolo Nero Ragù Once deemed only to be

fit for *la cucina povera*, 'the poor man's kitchen', cavolo nero is a versatile kale variety native to Tuscany.

**CONCHIGLIE** with Sicily's Pistachio Pesto & Fresh Basil

Bronte pistachios are known as "green gold" in their native Sicily. These pretty nuts are renowned for their delicate flavour and vibrant colour.

### Buckwheat TAGLIATELLE with Beef Ragù alla Bolognese

Hand-crafted using a nutritious blend of ancient grains, the rustic texture of our buckwheat tagliatelle provides the perfect grip for every last morsel of sauce. Consider adding a knob of butter to the ragù.

Crab & Chilli RAVIOLI with Lemon Butter and Lemon Pangrattato

In Italy's coastal eateries, crab, or granchio, is delivered to resident chefs each morning by local fishermen. The catch is always prepared at its freshest.

Braised Beef TORTELLONI

### **NEW** to **PASTA EVANGELISTS?**

Look out for the letters on the items we've sent you. Match items of the same letter.

Sea Bass, Lemon & Mascarpone

& Lemon Pangrattato

zesty lemon butter.

Praiano overlooks the

**RAVIOLONI** with Lemon Butter

is famed for its freshly caught

seabass. Our summer reverie is

complete with the addition of

Roberta's LASAGNA Rustica with Slow-Cooked Beef Shin Ragù

We've simmered our beef shin

with a carefully selected blend

ragù which is layered between

soft sheets of lasagne and our nutmeg-infused béchamel.

According to Roberta, this dish

**TRIANGOLI** with Truffle Butter

For these triangoli we source

black trifolati from Norcia, an

area of southeast Umbira and

we pair these indulgent morsels

with fresh burrata, the jewel in

the crown of Italian cheeses.

is best enjoyed alla rustica - in

other words, we like it a little

Black Truffle & Burrata

sloppy!

& Hazelnuts

E

of aromatics to create a rich







Venetian Duck Ragù with Freshly Made **GNOCCHI** 

The city of Venice is defined by its Byzantine history. Few dishes are more emblematic of this heritage than the classic Venetian duck ragù, which blends rich duck meat with wine and exotic herbs and spices.

Grilled Vegetables

This dish honours Italy's Adriatic coast, where freshwater salmon inhabit the rivers and waterways that wind their way to the sea. The pièce de résistance, or pezzo forte, of this recipe is our fresh tarragon mayonnaise.

## **CALAMARATA** with

Caramelised Roasted Parsnips, Tahini Dressing & Fresh Mint

Tender roasted parsnips served in a fiery harissa paste made with red chillies from Calabria. The heat of the chillies is tempered by the mellow sweetness of the parsnips and the fresh tahini dressing.

# **ITALIAN PROVERB**

"A TAVOLA NON SI INVECCHIA" When passing time at the table, one does not age.

## **DESSERTS**

Italian **PROFITEROLE** Cup with Cioccolato & Cream







# enchanting Tyrrhenian Sea and

















Inspired by Alessandro's nonna Maddalena, our basil pesto was our first dish delivered in London in 2016. The family recipe that started it all.

**PAPPARDELLE** with a Wild Mushroom Sauce

In the wooded hills of the Alps and Apennine mountains in northern Italy, wild mushroom hunting (andar per funghi) is common practice among local villagers.

with Rosemary Butter

Full bodied wine meets slowcooked and aromatic beef. Each *tortellone* is brimming with flavours of the Alpine North of Italy.

Lemon & Mozzarella RAVIOLI with a Sage Butter Sauce

We pay homage to the Amalfi lemon by combining its aromatic juice with mozzarella, whose mellow flavour we also punctuate with the lemon's fragrant zest.

Italian noblewoman Catherine de' Medici introduced profiteroles to France by serving these chocolate-smattered, cream-filled pastries at her wedding to Henry II of France in 1533.

### Nonna Carmela's **TIRAMISÙ**

Roberta's nonna Carmela never failed to draw silence when she brought out her famous tiramisù.



### **SCAN HERE**

Chef Roberta invites you into her YouTube kitchen.

Watch & learn how to make fresh pasta and sauces from scratch with the help of our resident sfoglina (the Italian word for 'pasta artisan').

WE LOVE the PLANET AS MUCH AS WE LOVE PASTA. Our boxes, trays, greaseproof paper, insulation, pots and lasagne sleeves are 100% recyclable. Feel free to reuse our ice packs, but if you'd like to recycle them too, make sure to drain the sink-safe mixture of salt and water first.

## **REGIONAL DELIGHTS**

## VENETO

A dored by lovers of art, gastronomy and architecture for centuries, Veneto is often the first region travellers will see of Italy, thanks to its 'city on the water' – Venice.

Beyond the serene gondola rides and maritime-inspired dishes one can find in the capital, the region of Veneto is also home to the Prosecco hills, where some of the most respectable sparkling white wine in the world is made.





## DINE LIKE A VENETIAN

The region is famous for its *ragù d'anatra*, or duck ragù, traditionally served with bigoli pasta.



**WINE LIKE A VENETIAN** Choose a bottle of Bardolino, Valpolicella or Prosecco.

## EXPLORE THE WORLD OF VENETIAN GASTRONOMY

## *RAGÙ D'ANATRA*: VENETIAN DUCK RAGÙ



Bay leaves, red wine and cinnamon commingle with rich duck meat to create a medley of deep flavour in this quintessential dish of Veneto.

Non-traditional though it may be (bigoli, a sort of thick spaghetti are the classic pairing), we like this ragù with thick strands of pappardelle.



Scan the code with your smartphone camera to read our step-by-step duck ragù recipe.

## **GNOCCHI, A VENETIAN LOVE AFFAIR**

These comforting dumplings have been enjoyed in Italy since the 16th century, when potatoes arrived in Europe. With potatoes taking centre stage, these delicious morsels are most famously devoured during 'Gnocchi Friday', the last Friday before Lent, as part of the raucous Carnevale festival in Verona, the Venetian city where Shakespeare's *Romeo and Juliet* loved and lost.

## THE APEROL SPRITZ – FROM VENICE WITH LOVE

It would not be a far stretch to call this iconic cocktail a world favourite. Having said that, its roots are unmistakably Venetian. Enjoyed today from Milan to Positano, but most ubiquitously along the canals of Venice, the Aperol spritz dates back to 1950, when Luigi and Silvio Barbieri debuted the famous *aperitivo*.











Scan the QR code with your smartphone camera and Chef Roberta will guide you through a step-by-step guide to gnocchi, Italy's best-loved dumpling.



FAITH in FRESH