



PASTA
EVANGELISTS
made in London



PUMPKIN & RICOTTA HEART RAVIOLI
WITH SAGE BUTTER & PARMESAN



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Pasta Evangelists



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ABOUT THIS DISH

Our 'heart ravioli', or, perhaps more romantically *cuoricini*, literally translates to 'little hearts', which seems a fitting sobriquet for these irresistibly cute pasta shapes. Although a non-traditional shape, we believe that there can always be more love in the world, particularly where great food is concerned.

Our *cuoricini* (the pasta, not our actual hearts) are filled with pumpkin and ricotta and topped with a sumptuous sage butter and parmesan, thus bringing out the rich flavours of the ricotta cheese.

See below a photo of *Venezia*, probably the most romantic city in the world...

METHOD

1. Bring a large saucepan of salted water to the boil.
2. Cook the *ravioli* in the boiling water for 3-4 minutes until 'al dente' (test a corner of one of these first before removing from water).
3. Put the butter in a pan, cover with a lid, heat until steaming. Once steaming, turn off the heat.
4. Lift the little hearts out of the water and transfer to the butter. Top with parmesan. *Buon appetito.*

INGREDIENTS

Item	Weight	Calories	Ingredients
Heart Ravioli	200g	454kCal	Pasta (50%): <u>Wheat</u> flour, <u>Egg</u> , Durum <u>Wheat</u> Flour, Salt Filling (50%): Pumpkin (54%), Ricotta cheese (<u>Milk</u>), Italian Grated Cheese (<u>Milk</u> , Salt, Vegetarian Rennet, Preservative: <u>Egg</u> Lysozyme), Breadcrumbs (<u>Wheat</u> Flour, Salt, Yeast), Salt, Nutmeg
Sage Butter	25g	130kCal	Butter (<u>Milk</u>), Sage, Black Pepper
Vegetarian	8g	42kCal	<u>Milk</u> , Salt, Vegetarian Rennet
Parmesan			

Allergens in **bold and underlined**. Consume within 2 days of delivery.

FREEZING: The pasta can be frozen (below -18 degrees °C) on day of delivery and keeps for 1 month in the freezer. The pasta should be cooked straight from frozen. The sauce needs to be defrosted overnight in the fridge.

This food has been prepared in a kitchen that also prepares molluscs, mustard, nuts, gluten, fish, crustaceans, and therefore may contain traces of these.

