

Change of Season Spread

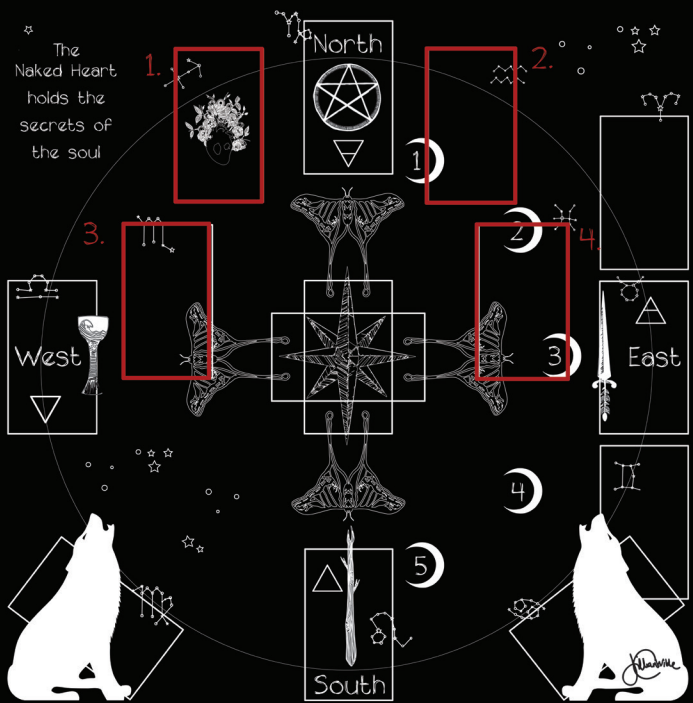
1. What can I do to embrace the changing of the season
2. What does my Higher Self want me to focus on this season
3. How can I settle into this energy
4. How can I use this energy to the best of abilities

Crystal recommendation: Chrysocolla - It is said to draw off negative energy, and help rebalance all the Chakras. Chrysocolla helps with transition of things that are forever changing aiding in acceptance and peace.

Candle Colour: White for peace and illumination

This spread is designed to help you transition into the new season allowing illumination and truth to come through, so you can make the most of it.

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