

How to view your sleep data on the SleepStyle[™] App



Download the F&P SleepStyle App

- 1. Ensure you have an internet connection and Bluetooth® turned on.
- 2. Open your App Store.



3. Search for "SleepStyle".



4. Install the App by tapping the "Get" symbol (Apple) or "Install" (Google).



5. The App requires certain approvals to link with your phone.

Note: Device location is a standard Google request for use with Bluetooth notifications. Notifications are optional and can be turned off later.



Register an account in the F&P SleepStyle App

- 1. Open the App.
- 2. If you have already registered for SleepStyle, tap "Sign In"; otherwise, tap "Register".



3. Enter your name and date of birth; tap 'Next'.



- 4. Enter your email address and password. Your password must be at least 8 characters long and include an upper case, lower case, and number; tap "Next".
- 5. Read the terms and conditions; tap "Submit" to agree.









Connect your SleepStyle CPAP Device and App

 Unplug your CPAP device from the power supply and then plug the power cord back in. The screen should display "F&P SleepStyle".



2. In the App, tap "Tap here to search for your CPAP".



3. A "Select An Accessory" screen will appear. Tap on your CPAP device's name, which will be displayed as "SleepStyle_XXXX" - these are the last 4

digits in your device's serial number.



4. A "Bluetooth Pairing Request" screen will appear. Confirm the 6-digit code and then tap "Pair".



5. A "Device Security Pin" screen will appear. Enter the 4-digit PIN shown on the screen of your CPAP device, then tap "Link".



You are ready to go

Your SleepStyle CPAP device and phone are paired and ready to start monitoring your therapy data.

Please check back in the morning after using your CPAP device to review your therapy data from the previous night. Data will automatically sync from your CPAP each time you press "Stop".



Always read the label. Follow the instructions for use. Your healthcare professional will advise you whether this product is suitable for you/your condition.

SleepStyle is intended for use by obstructive sleep apnea patients. The platform provides access to therapy-data; feedback and troubleshooting of common therapy problems; education and resources related to the device, the therapy and the condition.

Use of this software is subject to the SleepStyle terms and conditions.

U.S. FDA Caution: Federal law restricts this device to sale by or on the order of a physician.

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