

WOMEN'S BEST

# Creatine Powder

Unflavored

Ingredients: 100% creatine monohydrate (Creapure®).

Nutritional Value:

	<b>per 100 g</b>		<b>per serving (3.4 g)</b>
Energy	0 kJ / 0 kcal	Energy	0 kJ / 0 kcal
Fat	0 g	Fat	0 g
- Saturated Fats	0 g	- Saturated Fats	0 g
Carbohydrates	0 g	Carbohydrates	0 g
- Sugars	0 g	- Sugars	0 g
Protein	0 g	Protein	0 g
Salt	0 g	Salt	0 g

<b>Active ingredients</b>	<b>per serving (3.4 g)</b>
Creatine monohydrate (Creapure®)	3.4 g
- of which creatine	3 g

## Ice Tea Peach

Ingredients: Creatine monohydrate (Creapure®), acidity regulator (citric acid, malic acid), flavor, caramel powder, sweetener (sucralose, acesulfame K), isomaltulose\* (palatinose™).

Nutritional Value:

	<b>per 100 g</b>		<b>per serving (5 g)</b>
Energy	420 kJ / 98 kcal	Energy	25 kJ / 6 kcal
Fat	< 0.5 g	Fat	< 0.5 g
- Saturated Fats	< 0.5 g	- Saturated Fats	< 0.5 g
Carbohydrates	11 g	Carbohydrates	0.7 g
- Sugars	1.7 g	- Sugars	< 0.5 g
Protein	< 0.5 g	Protein	< 0.5 g
Salt	0.02 g	Salt	< 0.5 g

<b>Active ingredients</b>	<b>per serving (5 g)</b>
Creatine monohydrate (Creapure®)	3.4 g

- of which creatine

3 g

---

\*Isomaltulose is a source of glucose and fructose