

Holiday Gift Guide







1. For the Sweet-tooth

Hot cocoa anyone?

Put together some cute homemade jars of Reishi hot chocolate for a sweet and cozy gift with a twist!





2. For the Nutritionista

Strawberry, Acai, and Pomegranate powders make for some delicious smoothies and bowls. Perfect for the smoothie lover in your life!





3. For the Homebody

Feeling crafty?

Make your own scented candles this year to both save some cash and make a truly unique gift. Everyone loves handmade gifts!





4. For the Tea Enthusiast

Know any tea drinkers?

Putting together custom loose-leaf tea kits are another great moneysaving gift idea, and so cute!





5. For the DIYer

Pine bark is not only good for you but it also makes a great natural dye!

Put together a box of essentials for shibori-inspired art.