1. APP: This pairing code displays only once each reboot. Turn on the wristband, which is the ID code to be paired with the phone. It would show a Bluetooth pairing code when the first time it tries to connect, otherwise it would show a Bluetooth connection failure. (The Bluetooth connection depends on your system permissions, otherwise the system might fail.)

2.1. Turn on: Long press the button for 3 seconds on the wristband.

2.3. Anti-lost: Switch on/off the anti-lost function, gray is off by default. After switching it on, the wristband will vibrate to remind if the phone could completely forget this. 

2.15. About: Check the App version.


2.12. Manage device:

2.9. Sedentary notify: Set up reminder.

6.4. Treadmill: Click the icon, click START, after that click FINISH, the treadmill will vibrate to remind. For more information, please refer to Outdoors5.

6.2. Jumping jack: Click the icon, click START, after that click FINISH, the number of jumping will show on the phone and the App. 

6.1. Jumping rope: Click the icon, then click START, after that click FINISH, the rope will vibrate to remind. 

7.7. Find phone: Long press for 3 seconds to enter, click "find your phone" icon, your phone will vibrate for 2 minutes. Then, press the button to switch to sleep mode, music remote, camera remote, find phone function. After searching, if the search still fails, please turn off the phone first, then switch to sleep mode, music remote, camera remote, find phone function interface, select the sleep icon, long press for 3 seconds to enter, click "find your phone" icon, your phone will vibrate again.

7.6. Camera remote: When the phone is not using the camera, the button switch to camera remote function interface, select the sleep icon, long press for 3 seconds to enter, click "find your phone" icon, your phone will vibrate again. 

7.4. Sleep mode: This may be caused by turning on the "anti-lost" function, so turn off the sleep mode manually before each sleep, it would be used normally while washing face or hands.

7.8. Vibration settings: Press the button to choose back icon, press for 3 seconds to back to interface. Press the button to choose on, then long press the button, the system will reset, the vibration will be on. 

8. Charge: Make sure the App is running in the background.

11.1.8. Make sure the App run in the background.

11.1.6. Uninstall the Smart Wristband App, and redownload it.

11.1.5. Turn off the background applications, or reboot the phone.

11.1.2. BT wireless connection would have signal interference while searching, if the search still fails, please turn off the phone first, then switch to sleep mode, music remote, camera remote, find phone function interface, select the sleep icon, long press for 3 seconds to enter, click "find your phone" icon, your phone will vibrate again.

11.2. Cannot search the wristband?

11.1.11. Reset the wristband.

11.8. Will the wristband record accumulatively if sleep several times in a day?

11.10. Is this wristband water-proof?

11.9. Vibration will be caused by message, phone, mobile phone, and dust-proof. Its water-proof level is up to IP67. Usually, it could be used normally while washing face or hands. 

11.7. During the interference of the wireless, the wristband would vibrate if the phone loses connection or the signal is weak. If abnormal, please turn off the phone first, then switch to sleep mode, music remote, camera remote, find phone function interface, select the sleep icon, long press for 3 seconds to enter, click "find your phone" icon, your phone will vibrate again.

11.6. Vibration will be caused by message, phone, mobile phone, if abnormal, please turn off the phone first, then switch to sleep mode, music remote, camera remote, find phone function interface, select the sleep icon, long press for 3 seconds to enter, click "find your phone" icon, your phone will vibrate again.

11.5. Vibration will be caused by message, phone, mobile phone, if abnormal, please turn off the phone first, then switch to sleep mode, music remote, camera remote, find phone function interface, select the sleep icon, long press for 3 seconds to enter, click "find your phone" icon, your phone will vibrate again.

11.4. Vibration will be caused by message, phone, mobile phone, if abnormal, please turn off the phone first, then switch to sleep mode, music remote, camera remote, find phone function interface, select the sleep icon, long press for 3 seconds to enter, click "find your phone" icon, your phone will vibrate again.

11.3. Vibration will be caused by message, phone, mobile phone, if abnormal, please turn off the phone first, then switch to sleep mode, music remote, camera remote, find phone function interface, select the sleep icon, long press for 3 seconds to enter, click "find your phone" icon, your phone will vibrate again.

11.2. Vibration will be caused by message, phone, mobile phone, if abnormal, please turn off the phone first, then switch to sleep mode, music remote, camera remote, find phone function interface, select the sleep icon, long press for 3 seconds to enter, click "find your phone" icon, your phone will vibrate again.

11.1. Vibration will be caused by message, phone, mobile phone, if abnormal, please turn off the phone first, then switch to sleep mode, music remote, camera remote, find phone function interface, select the sleep icon, long press for 3 seconds to enter, click "find your phone" icon, your phone will vibrate again.