## 5% Sodium Fluoride Varnish

## **PROFESSIONAL INSTRUCTIONS FOR USE**

**DESCRIPTION:** Wonderful Varnish (NaF 5%) has a strong desensitizing action when applied to dental surfaces. : Wonderful Varnish (NaF 5%) may be used on moist teeth and leaves a film of varnish which sets in the mouth and may allow visual control and verification.

**INDICATIONS:** Wonderful Varnish (NaF 5%) is a fluoride containing preparation for the treatment of dentin hypersensitivity, and for the reduction of post-operative sensitivity. 1mL of Wonderful Varnish (NaF 5%) contains: 50 mg of sodium fluoride, equivalent to 22.6 mg fluoride ion.

**DOSAGE:** For the treatment of dentin hypersensitivity, two applications at several days interval are sufficient in most cases. The fluoride content of Wonderful Varnish (NaF 5%) is dosed in such a way that neither acute nor chronic side effects are to be expected if applied according to instructions.

## **INSTRUCTIONS TO APPLY Wonderful Varnish (NaF 5%)**

- 1. Peel open the foil lidding material
- 2. Remove brush and mix varnish until it reaches an even consistency
- 3. For best results, dry teeth prior to application by rubbing a 2x2 (or other disposable cotton sponge) along the tooth surfaces to remove any existing bio-film
- 4. Apply a very thin coat of varnish evenly to all of the desired tooth surfaces
- 5. Let the varnish dry for approximately 10 seconds and then instruct the patient to close their mouth
- 6. Varnish hardens on contact with saliva so the patient may leave immediately after application
- 7. When dry, any excess varnish may appear "spotty" and may slide off the tooth surface. This will not affect the efficacy of the product as there is still a full layer of varnish on the tooth
- 8. It is recommended that the patient be instructed to only eat soft foods and drink cold liquids for two hours after treatment

## **CONTRAINDICATIONS:** Ulcerative gingivitis and stomatitis.

**INTERACTIONS:** When Wonderful Varnish (NaF 5%) is applied, other fluoride preparations such as fluoride gels, should not be administered during the same day. The routine use of fluoride tablets should be interrupted for several days after treatment.

**ADVERSE REACTIONS:** Edematous swellings have been reported only in rare instances in some fluoride varnish products, especially after application to extensive surfaces. Dyspnea, although extremely rare, has occurred in asthmatic children. Nausea has been reported when extensive applications have been made. If required, varnish film can be removed with a thorough brushing.

R<sub>x</sub> Only