## Polar Fleece Pillbox Cap with bow headband trim

## **Beginner Sewing Level**

Cut a piece of polar fleece for your hat body that is larger than the measurement of your head circumference. You can measure your head circumference with a tape measure going around your head just above your ears and your eyebrows. I recommend adding 1/2 to 1 inch or 1.25 to 2.5 cm to this measurement for comfort as the toque has four layers of fabric around your head and ears. A bit larger is comfy. Depth of fleece is great at 10.5 to 11 inches or 26.5 - 28 cm for adults who have an average head size. Adjust up or down if your head is smaller than average or larger than average.

Bow Headband Trim - Cut a piece just a bit longer than your head circumference. I cut mine a quarter inch or 6 mm longer than my average 22.5 inch or 57.5 cm head circumference. Depth I use in the video is 3.5 inches or 9 cm. Bow casing in the video is 1.5 inches wide or about 4 cm wide. I trim the length but the finished depth of the bow casing is 1.5 inches or 4 cm.

You can attach the bow trim to the hat with a pin through the inside of the cap and picking up a piece of the back of the casing and also by sewing the headband to the cap at the back on the two seams.

## Polar Fleece Toque Top Template (2 pages)

Assemble by trimming one of the joining paper edges to the red line and match the black circles. Tape the pages together or glue. Check your printer with the measurement blocks on the left side of the first page. Printer setting should be set to actual for both letter and A4 pages. The seam allowance of 3/8 inch or 1 cm is built into the pattern (body and top) but there is a gray outline around the top that you can cut around if you use a larger seam when sewing. Cut around this gray outline if making a hat for a larger head than the average female (22.5 inches or 57.5 cm) This piece will be used for other projects so copy on to firm paper for the fun ahead!



