

Rocky Mountain Saunas

Instruction Manual



Rocky Mountain Saunas
Denver, Colorado 80227

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Manufacturing Note

The pictures and instructions used in this manual may vary slightly from the sauna actually received. This is due to our dedication to continuously improving our processes and products to guarantee client satisfaction.

Electrical Requirements

Information for All Sauna Models

** The outlet in which the sauna is plugged into must be a Dedicated Circuit while in use. A Dedicated Circuit is intended for use with a single appliance and generally has its own circuit breaker in the sauna location's electrical box.

** Any electrical changes or required upgrades must be made by a qualified, licensed electrician. Failure to comply may result in safety issues and voiding of the sauna warranty.

** The power cord for the sauna is located in the roof cap and measures 9 feet in length. It is recommended that the location of the outlet be accessible without moving the sauna.

** The use of an extension cord is not recommended as the sauna may not operate as designed.

Aspen Model

Normally, no electrical modification is required to be able to use this model. Standard household outlets are either 110V/15 Amp with 12/2-gauge wire, or 110V/20 Amp with 12/2-gauge wire. Either circuit will accommodate this model. The required outlet is a NEMA 5-15R.

**110 Volts/15 Amp dedicated circuit/outlet
NEMA 5-15R (required)**



Vail and Montana Models

An upgrade to the circuitry is required for these models. For proper operation, a 220V/20 Amp circuit with 12/2-gauge wire is necessary. The required outlet is a NEMA 6-20R.

**220 Volts/20 Amp dedicated circuit/outlet
NEMA 6-20R (required)**



General Assembly Guidelines

TOOLS NEEDED

#2 Phillips Head Screwdriver
Small Step Ladder
Metal Band Cutters or Pliers
Exacto Knife or Scissors

MOVING THE SAUNA AFTER ASSEMBLY

If the sauna needs to be moved after assembly, perhaps into an alcove or confined space, Rocky Mountain Saunas strongly recommends the use of furniture sliders. These can be found at a local hardware store such as Lowe's or Home Depot. Place the furniture sliders under the perimeter corners of the Base Platform of the sauna, prior to beginning assembly.

Important note:

When moving the assembled sauna:

1. Do not push on the cabin walls as this can cause damage to the sauna cabin
2. Always push on the base platform to move the sauna
3. After sauna has been moved to desired location, the sliders can be left in place to ease any future movement needed

GENERAL

All panels are labeled with white stickers. These can be left on the panels after assembly. That way if the sauna is ever broken down for movement there is no confusion come re-assembly.

Please follow instructions carefully. Should you have any questions, please do not hesitate to contact Rocky Mountain Saunas.

Delivery & Unpacking Your Sauna

When the sauna arrives at its delivery location, it will be packaged in three (3) separate boxes, which are banded to a pallet. Depending on the model of the sauna, the unit may also be half or fully crated.

Aspen



Vail

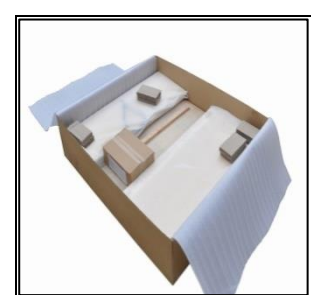


Montana



Break down the pallet at the delivery point and lay each box flat with the labeling facing up.

The boxes are labeled numerically 1, 2 and 3 to indicate the order in which to open the boxes. Due to the weight of the boxes, open all boxes first and carry each individual panel to the desired installation location. Do not try to carry a full box. Stage the sauna pieces prior to beginning installation to help aid in the ease of the installation.



Aspen and Vail Assembly Instructions



Aspen



Vail

Floor Base

Lay the Floor Base in the area close to where the sauna is going to be permanently located. It is suggested to place furniture sliders under the base for ease of movement. Sliders can be found at any local hardware store.

The Floor Base includes trim pieces on all four sides that serve as guides for the installation of the four walls. An electrical outlet will be located on the back side of the Floor Base as well.



Back Wall

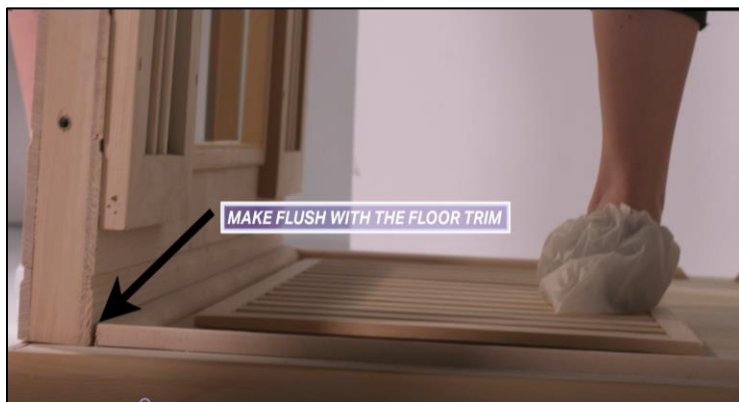
Starting with the Back Wall, locate the heater cord extending from the bottom of the wall. Prior to installing the Back Wall, connect the heater cord to the electrical outlet found on the back side of the Floor Base. Next, place the Back Wall on the Floor Base so the interior side of the wall sits flush with the floor trim. One person will need to balance the wall to hold it in place.



Front Wall

The glass door on the Front Wall will be secured to keep the door from opening or closing during installation. Removal of the glass door support should be completed prior to the Right Wall being installed.

To ensure the glass door does not open or shut slightly, carry this wall at a slight angle with the bottom of the wall slightly out compared to the top. Place the interior of the Front Wall on the Floor Base so it sits flush with the floor trim. One person will need to balance the Front Wall to hold it in place.



Left Side Wall

Using the floor trim as a guide, place the Left Side Wall on the Floor Base. If needed, gently tap the Left Side Wall in to ensure a snug fit.



The Left Side Wall includes trim pieces on both sides that will wrap around the Back and Front Walls.



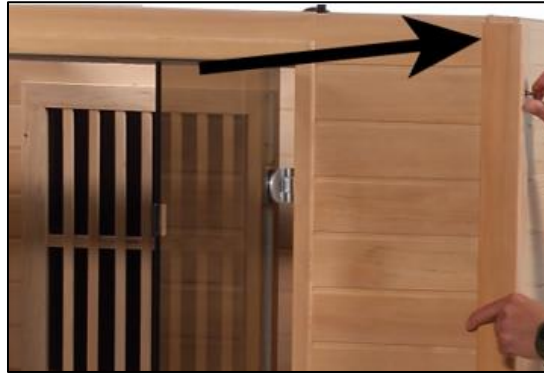
Left Side Wall Bolt Installation

While one person supports the Front and Back Walls, a second person inserts the installation bolts supplied in the accessories box into the predrilled holes on the Left Side Wall connecting it to the Front and Back Walls. No certain order of installing the bolts is required. At this time, finger tighten the bolts. A screwdriver may be used to tighten the bolts slightly but leave some slack to facilitate in the completion of the installation. A final tightening of the installation bolts will be performed later. If needed, adjust the Front and Back Walls slightly, in order to get the predrilled holes to align correctly.



Right Side Wall

The Right Side Wall includes trim pieces on both ends that wrap around the Back and Front Walls. Make any adjustments needed to the Front and Back Walls to allow the trim to wrap around the walls appropriately.



Insert the remaining installation bolts into the predrilled holes to connect the Right Side Wall with the Front and Back Walls. Again, only finger tighten the bolts. If needed, use a screwdriver to tighten the bolts but do not tighten completely.



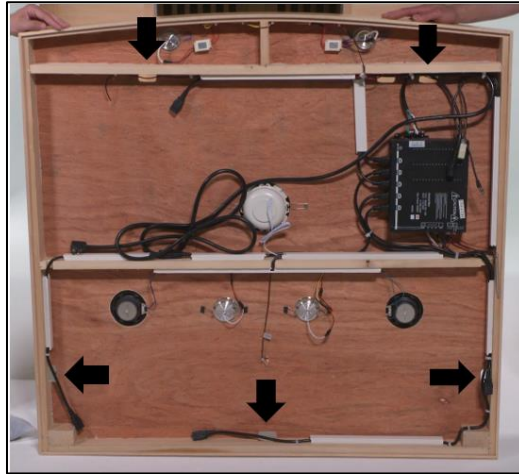
Bench Seat

Bring the Bench Seat in through the front door of the sauna, then lay horizontal on the bench supports located on the back wall and two side walls.



Roof Cap

The Roof Cap has predrilled holes to pass through the wiring protruding from the top of the Front, Back and Side Walls. The curved end of the Roof Cap is the front.



Carefully place the Roof Cap on the top of the sauna. It does not need to sit flush with the walls at this time since the power cables need to be fed through the predrilled holes.



On the left-hand side of the Front Wall, above the Control Panel are multiple cables. Feed all the cables through the hole in the Roof Cap.



Feed the remaining black heater plugs through the pre-drilled holes on the Roof Cap located on the right front, Right Side Wall towards the back of the wall, the middle back of the Roof Cap and the Left Side Wall towards the back of the wall.



Once all the cables have been threaded through the Roof Cap holes, place the Roof Cap securely onto the walls of the sauna.

Final Electrical Connections

To make the electrical connections on the top of the Roof Cap a small step stool or a ladder will be needed. Starting with the cables above the Control Panel, connect the cables to their corresponding connections on the top of sauna.



Continue to make the additional power cord connections around the top of the sauna.



Dust Cover

Install the Cover provided onto the Roof Cap to keep the Roof Cap free of dust. Feed the power cord and the radio antenna through the holes provided to allow the cover to sit flush on the Roof Cap. If desired, screws are provided in the Accessories box to attach the dust cover to the Roof Cap. Attachment is not required.



Installation Bolt Tightening

Using a screwdriver, perform a final tightening of the installation bolts on the Left and Right Side Walls. If the installation bolts do not tighten easily, or interior trim pieces do not align correctly, adjust any walls as needed until all walls fit flush with one another. DO NOT over-tighten the bolts as doing so can cause damage to the wood cabin.

Door Handle Installation

For Door Handle installation instructions, see Page 38.

Plexiglass Installation

First remove any protective coating that may be covering the plexiglass. Slide the plexiglass into the opening on the front wall by inserting the top portion of the plexiglass into the top portion of the opening and then allowing the plexiglass to rest against the bottom of the opening.



Accessories Installation

Installation of the optional accessories can be completed at this time. The accessories can be placed wherever desired, or not used at all. The Ionizer is designed to be installed in its own hidden area on the front wall.



Operational Check

Perform an Operational Check by turning the sauna on and setting the temperature for 150°F for 60 minutes. During the first hour of operation the sauna should reach approximately 135°F. Test all lights for proper operation as well.

Montana Assembly Instructions

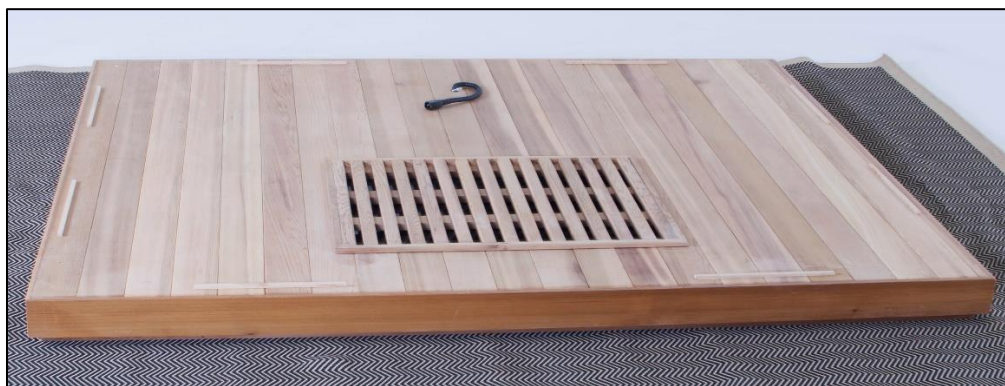


Floor Base

Starting with the Floor Base, lay it in the area close to where the sauna is going to be permanently located. It is suggested to place furniture sliders under the base for ease of movement. Sliders can be found at any local hardware store.

The positioning of the Floor Base should be such that the floor heater is facing outward, or closest to where the Front Wall will be installed.

The Floor Base includes trim pieces on all five sides that serve as guides for the installation of the five walls as well as the bench heater panels.



Back Wall

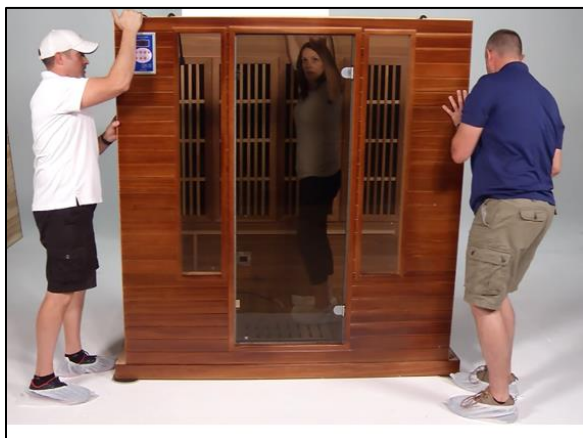
Starting with the Back Wall, place the Back Wall on the Floor Base so the interior side of the wall sits flush with the floor trim. One person will need to balance the wall to hold it in place.



Front Wall

The glass door on the Front Wall will be secured to keep the door from opening or closing during installation. Removal of the glass door support should be completed prior to the Left Wall being installed. To ensure the glass door does not open or shut slightly, carry this wall at a slight angle with the bottom of the wall slightly out compared to the top.

Place the interior of the Front Wall on the Floor Base so it aligns with the spaces provided for the bench heaters as well as sits flush with the floor trim. One person will need to balance the front wall to hold it in place



Right Side Wall

The Right Side Wall includes trim pieces on both ends that will wrap around the Back and Front Walls. Using the floor trim as a guide, place the Right Side Wall on the Floor Base. If needed, gently tap the Right Side Wall in to ensure a snug fit. Any adjustments that need to be made to align the walls can be done at this time.



Right Side Wall Bolt Installation

Insert the remaining installation bolts into the predrilled holes to connect the Right Side Wall with the Front and Back Walls. Again, only finger tighten the bolts. If needed, use a screwdriver to tighten the bolts but do not tighten completely.



Back Bench Heater Panel

Install the Back Bench Heater Panel by bringing it through the opening on the left side of the sauna. Align the magnet on the bench panel with the magnet on the right side wall support.



Right Bench Heater Panel

Install the Right Bench Heater Panel by bringing it through the opening on the left side of the sauna. Align the magnets on the bench panel with the magnets found on the Front Wall and the Back Bench Heater Panel.



Left Bench Heater Panel

Install the Left Bench Heater Panel by bringing it through the opening on the left side of the sauna. Align the magnets on the bench panel with the magnets found on the Front Wall and the Back Bench Heater Panel.



Left Side Wall

The Left Side Wall includes trim pieces on both ends that will wrap around the Back and Front Walls. Using the floor trim as a guide, place the Left Side Wall on the Floor Base. If needed, gently tap the Left Side Wall in to ensure a snug fit.



Left Side Wall Bolt Installation

Inserts the installation bolts supplied in the accessories box into the predrilled holes on the Left Side Wall connecting it to the Front and Back Walls. No certain order of installing the bolts is required.

At this time, finger tighten the bolts. A screwdriver may be used to tighten the bolts slightly but leave some slack to facilitate in the completion of the installation. A final tightening of the installation bolts will be performed later.

If needed, adjust the Front and Back Walls slightly, in order to get the predrilled holes to align correctly.



Under Bench Connections

Two power cords are located behind the Back Bench Heater Panel: one for the floor heater and one for the bench heater. Plug each cord into the receptacle on the back wall.



Behind the left and right bench heater panels, connect the heater cords coming from the bench heaters to the cords coming out of the side walls.



Bench Seat Installation

Bring the right bench seat in through the front door of the sauna, then lay horizontal for installation.



Bring the left bench seat in through the front door of the sauna, then lay horizontal for installation.

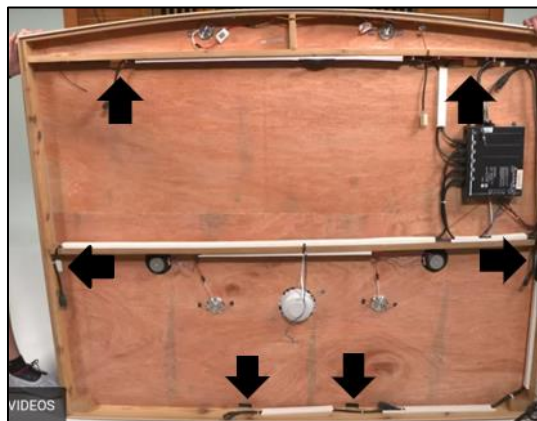


Lastly, bring the back bench seat in through the front door of the sauna, and lay it horizontal for installation.



Roof Cap

The Roof Cap has predrilled holes to pass through the wiring protruding from the top of the Front, Back and Side Walls. The curved end of the Roof Cap is the front.



Carefully place the Roof Cap on the top of the sauna. It does not need to sit flush with the walls at this time since the power cables need to be fed through the predrilled holes.



On the left-hand side of the Front Wall, above the Control Panel are multiple cables. Feed all cables through the hole in the Roof Cap.



Do the same with the remaining black heater plugs located on each side wall and on the Back Wall.



Once all the cables have been threaded through the Roof Cap holes, place the Roof Cap securely onto the walls of the sauna.

Final Electrical Connections

To make the electrical connection on the top of the Roof Cap a small step stool or a ladder will be needed. Starting with the cables above the Control Panel, connect the cables to their corresponding connections on the top of sauna.



Continue to make the additional power cord connections around the top of the sauna.



Dust Cover

Install the Cover provided onto the Roof Cap to keep the Roof Cap free of dust. Feed the power cord and the radio antenna through the holes provided to allow the cover to sit flush on the Roof Cap. If desired, screws are provided in the Accessories box to attach the Dust Cover to the roof cap. Attachment is not required.



Installation Bolt Tightening

Using a screwdriver, perform a final tightening of the installation bolts on the Left and Right Side Walls. If the installation bolts do not tighten easily, adjust any walls as needed until all walls fit flush with one another. DO NOT over-tighten the bolts as doing so can cause damage to the wood cabin.



Door Handle Installation

For Door Handle installation instructions, see Page 38.

Plexiglass Installation

First remove any protective coating that may be covering the plexiglass. Slide the plexiglass into the opening on the front wall by inserting the top portion of the plexiglass into the top portion of the opening and then allowing the plexiglass to rest against the bottom of the opening.



Accessories Installation

Installation of the optional accessories can be completed at this time. The accessories can be placed wherever desired, or not used at all. The Ionizer is designed to be installed in its own hidden area on the front wall.



Operational check

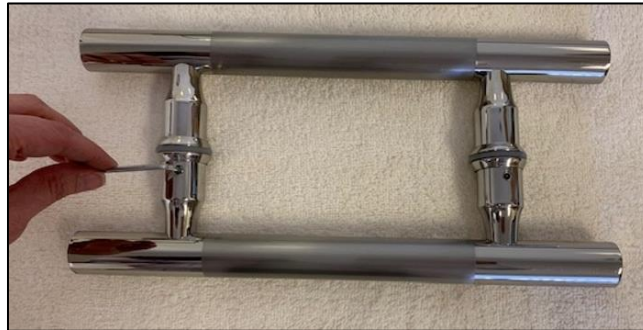
Perform an Operational Check by turning the sauna on and setting the temperature for 150°F for 60 minutes. During the first hour of operation the sauna should reach approximately 135°F. Test all lights for proper operation as well.

Door Handle Installation

Door Handle Installation

The Door Handle will come packaged in a separate box, generally located in Box 1. In order to install the Door Handle, it must first be disassembled using a screwdriver and the Allen Wrench provided in the handle box.

Start the disassembly with the four hex screws located on the cross sections of the door handle. The half of the handle containing the screw holes will be the section placed on the inside of the glass door. The other half of the handle will be placed on the outside of the glass door.



Once the two halves have been separated, remove the two screws from the interior cross sections of the handle.



Included with each of the two screws are a metal cone, two plastic washers and two metal washers. Remove these items from the door handle keeping all but one metal washer and one plastic washer together.



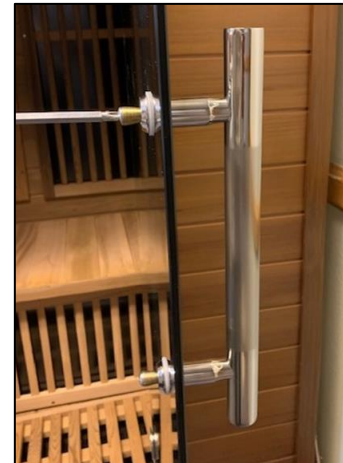
Slide the screw with the threaded parts through the top hole found in the glass door from the inside of the door facing out. Ensure the metal cone has the smaller opening facing the door.



Add one plastic washer to the end of the screw now showing on the outside of the door. Place the remaining metal washer onto the screw with the flat side against the plastic washer. Repeat for the bottom hole.



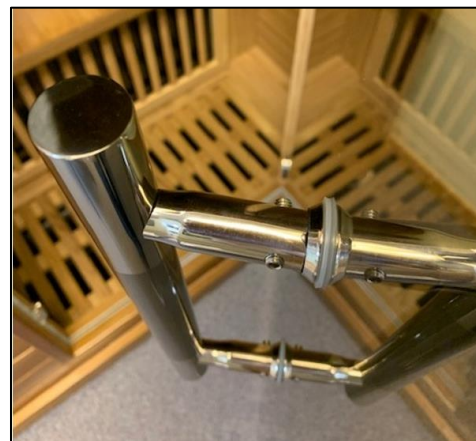
Place the outside portion of the door handle (the one without hex screw holes) on the end of the screws so the handle fits into the recessed portion of the metal washer. Hand tighten the screws to connect the assembly to the handle. Once both the top and the bottom screws have been hand tightened, a screwdriver can be used to secure the handle. Use caution when tightening the screw to avoid causing damage to the door.



Place the inside portion of the door handle onto the upper and lower screw heads so that the handle fits into the recessed part of the metal washers. (Tip: It is helpful to have the hex screws already started in each of the four holes.)



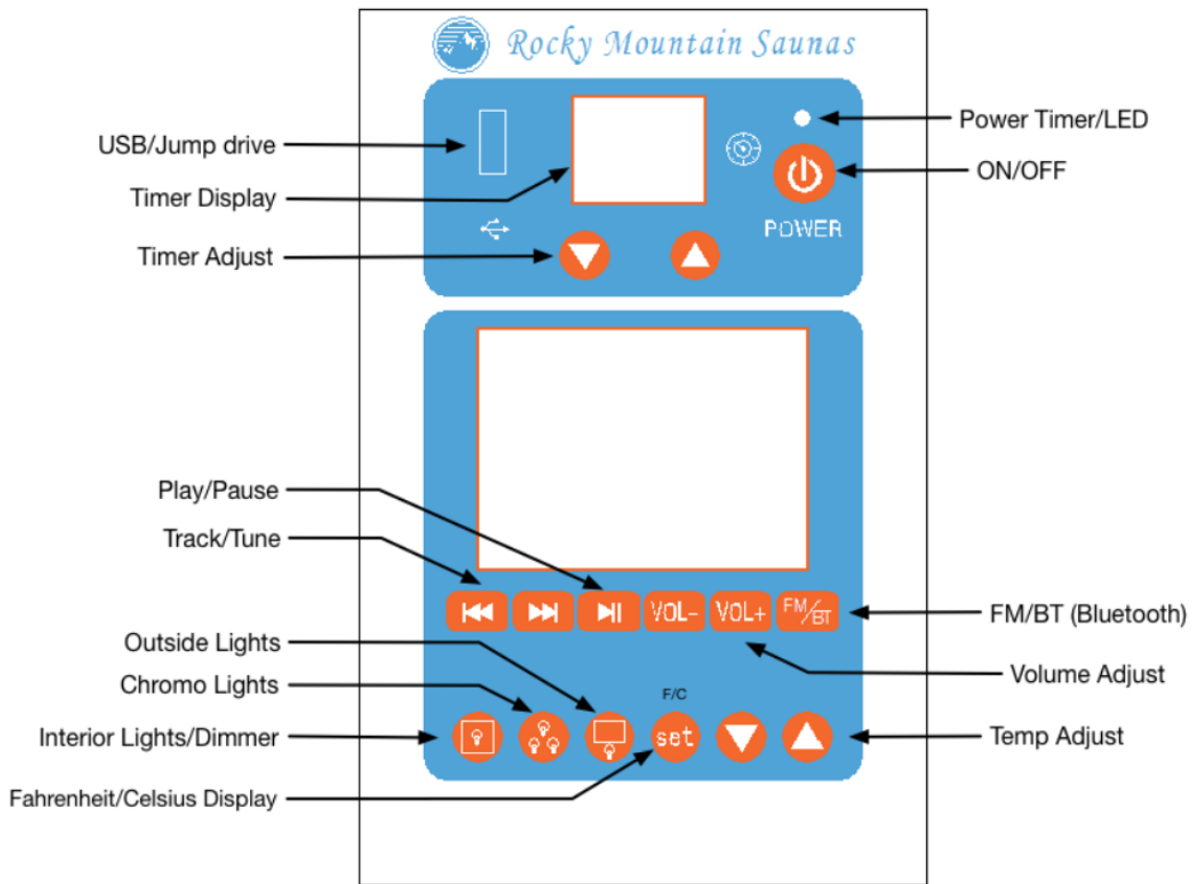
Using the hex screws provided with the handle, insert one small screw into the hole on the top cross section of the handle and tighten. Repeat for the bottom cross section of the handle. Move to the inside of the handle and repeat for the next two screws. It is normal for the hex screws to not sit flush to the handle.



If an alignment issue with the crossbars fitting into the metal washer is encountered, turning the handle 180 degrees will solve the issue.

***Note:** a detailed video of the door handle assembly can be located on the Rocky Mountain Saunas website at:
<https://rockymountainsaunas.com/assembly-videos/>












Control Panel Operating Instructions



TIMER DISPLAY BOX

1. **TIMER DISPLAY BOX** – Displays in minutes the time for the sauna session. Maximum time is capped at 60 minutes.
2. **POWER** – Press Power button to turn the sauna on and off.
3. **TIMER CONTROL** -- Press the arrows within the Timer Display Box to adjust the sauna session time. Time will adjust in five-minute increments. Flashing numbers indicate desired time while steady numbers indicate the time remaining for the session. Once the time reaches zero minutes the heaters will shut off but the sauna accessories (lights, stereo, etc.) will remain on. You must reset the time to extend any sauna session or press the Power button to end any sauna session.
4. **USB INPUT**– Used for music downloaded to a USB jump drive only. USB port does not support electronic devices.

TEMPERATURE/MUSIC DISPLAY BOX

5. **TEMPERATURE/MUSIC DISPLAY BOX** – Displays the temperature chosen for the sauna session as well as the current music source.
6. **TEMPERATURE CONTROL** –  Press the arrows in the lower right-hand corner of the control panel to adjust the temperature of the sauna to your desired level of temperature. Temperature will adjust in five degree increments. Flashing numbers indicate desired temperature while steady numbers indicate the current temperature.
7. **FAHRENHEIT/CELSIUS DESIGNATION** -  To change from Celsius to Fahrenheit, or vice versa, press the “set” button.
8. **FM STEREO/BLUETOOTH** – An indicator for the music source is found in the upper left-hand corner of this box. 
 - a. To turn music on or off, press the Play/Pause button . An arrow in the upper right-hand corner of the Temperature/Music Display Box will indicate if the music is on by being lit or off by not being lit. 
 - b.  To change the setting from FM Stereo to Bluetooth, or vice versa, press the “FM/BT” button.
 - c.  To change the radio station, or music track, press the Track/Tuner buttons
 - d.  Press the volume buttons to increase or decrease the volume
9. **INTERIOR LIGHTS** –  The interior lights offer three levels of brightness. Continue to press the Interior Light button until the desired lighting is achieved.
10. **CHROMOTHERAPY LIGHTS** -  Press the Chromotherapy Light button to activate the chromotherapy light.
 - a. To select an individual color, press the button until desired color is reached.
 - b. To have the lights continuously cycle through each color, press the Chromotherapy button to turn the light on. The first light shown is red. Continue to press the button until the red light appears a second time and stop. The lights should start to cycle approximately every three seconds. To stop the cycling of lights, press and hold the Chromotherapy button for three seconds
11. **OUTSIDE LIGHTS** -  Press the Outside Light button to turn on and off the outside lights
12. **PROGRAMABLE TIMER** - Allows the user to designate a time in the future for the sauna to turn on up to 30 hours in the future
 - a. Press and hold the POWER button for five seconds. The number “1” will show in the Timer Display Box.
 - b. Immediately press the Up arrow to select the desired number of hours from the current time you want the sauna to turn on.
 - i. If you wait too long to push the Up arrow you will have to start over. The number on the display will blink for approximately 15 seconds and then go blank.

- c. The red LED light located above the POWER button will blink indicating the timer has been set. When activated, the sauna will heat to the last set temperature.
 - d. To cancel, press the POWER button once and the red LED light will go back to being a solid color.
13. **OPERATIONAL CHECK** - Once the sauna is assembled, a preset operation sequence must be performed
- a. Press the sauna POWER button to turn the sauna on
 - b. Set timer for 60 minutes; set temperature for 150°F
 - c. Sauna should reach between 135°F – 145°F during the first hour of operation
 - d. After the initial preset programming is complete, sauna is ready for personal use.
 - i. **Best health results are attained between 90-135°F. For more information on this topic, call for a New Client Orientation. Running the sauna above 135°F may cause issues with the sauna and possibly void the warranty included with the unit.**
14. **BLUETOOTH PAIRING INSTRUCTIONS** – The sauna can be paired with one device at a time. To pair a device:
- a. Ensure the Bluetooth device is within 15 ft. of the sauna and powered on. Power the sauna on.
 - b. Press the FM/BT button on the sauna until the display shows “NoUSb”
 - c. Press the “Pause/Play icon” on the control panel to enable sound through speaker.
 - d. Open the Settings on the Bluetooth enabled device.
 - e. The sauna will show up as either “**CAR BT**” or “**Audio**”. Select this device and pairing will be complete.
 - f. The Bluetooth device will control the volume as well as track options. These two functions on the control panel will not work while the sauna is in Bluetooth mode.
 - g. Stereo settings automatically revert to FM/Stereo mode on the sauna when the sauna is powered off. The device does NOT have to be paired again to the sauna, however when listening to music through Bluetooth, make sure to turn on the “Pause/Play” and “FM/BT” (NoUSb) at the beginning of each sauna session.
 - h. If the Bluetooth signal works intermittently, or not at all, it may be because the sauna won’t necessarily pick up the device closest to it. Find any other paired devices and either turn off the Bluetooth connection or unpair them from the sauna.

Ionizer Instructions



The Ionizer included as a free accessory with every sauna has two functions to it: Negative Ion Generation and Ozone Generation.

Negative Ion Generation

When the Ionizer is set to ION, it will produce negative particles that will attach to the positively charged airborne contaminants within the air of the sauna cabin. The negative ions neutralize the positively charged airborne contaminants (skin, dust, pollen, “floaties”, etc.). The neutrally charged particles now fall to the floor. Through this process, the air in the sauna cabin is thoroughly cleansed and purified.

The ION function is designed to be operated for approximately 10-15 minutes before or during your sauna session.

Ozone (O₃) Generation

When the Ionizer is set to O₃, it produces ozone. Not “ground level” ozone but the chemical ozone, which is a three-atom molecule. O₃ is unstable and quickly breaks down into O₂ (Oxygen) and a single oxygen radical (O₁). This oxygen radical (O₁) attaches itself to odor causing bacteria and germs inside the sauna cabin. In more humid climates, the ozone helps to prevent mold and mildew. The essential function of the O₃ generation is to sanitize the interior of the sauna cabin.

It is best to operate the O₃ function for 15-20 minutes **AFTER** your sauna session in order to cleanse the sauna.

**** See “How To Clean My Sauna” FAQ below for additional cleaning guidelines. ****

Frequently Asked Questions

Q: WHAT IS THE OPTIMAL TIME/TEMPERATURE FOR A TYPICAL SAUNA SESSION?

A: After breaking a sweat, 20-30 minutes is a good session. For the first couple of weeks of sauna use, it is recommended that you limit your sessions to every other day, at a lower temperature (90-110°F).

Q: CAN I USE MY SAUNA OUTDOORS?

A: For ease of use and impromptu access it is recommended that you locate your sauna indoors. Outside use is only recommended in certain parts of the country and must be disclosed at the time of purchase. A cedar wood sauna cabin as well as an outdoor cover is required for outdoor locations in order to maintain your warranty.

Q: HOW DO I CLEAN MY SAUNA?

A: The areas where sweat may collect can be wiped down with a diluted water and vinegar solution (5:1 ounces) on a damp cloth. Follow up with wiping down the areas with a clean damp cloth containing water only. To save cleaning time, it is safe to place 100% cotton towels within the sauna to help collect sweat. Laying one towel over the floor grate is recommended, as well as layering multiple towels on the bench seat.

Q: WHY AM I TOLD NOT TO SET THE TEMPERATURE ABOVE 135°F?

A: To answer a very technical question in simple terms, Far Infrared saunas are a different technology than traditional hot rock/steam saunas. Infrared saunas are designed to run at lower temperatures because of how the infrared light heats the body directly, and does not heat the cabin air like traditional saunas do. Setting the temperature for 90-135°F is ideal as that is the range in which the human body can best absorb infrared energy, thereby giving you the best results.

For more information about your Rocky Mountain Sauna, visit <https://rockymountainsaunas.com/pages/infrared-sauna-faq>.

It is recommended that you call for a formal orientation once the sauna is fully assembled and ready for use. Please contact Rocky Mountain Saunas at 1-888-358-1270 Extension 2 for Customer Service.

Disclaimers & Safety Precautions

Disclaimers

Rocky Mountain Saunas and its associates do not provide medical guidance. Consult a doctor for medical advice prior to usage of any sauna model.

The information contained in this manual is for informational purposes only. Rocky Mountain Saunas reserves the right to change, without notice, anything contained within the manual. For the most current version, please visit our website at www.rockymountainsaunas.com.

Safety Precautions

To ensure the best and safest use of the sauna, please read the following guidelines and precautions:

1. Please consult your physician if you are taking medication(s) or have any ailments, diseases, open wounds, skin conditions and/or are prone to heat sensitivity that make you question whether the sauna is safe for you to use.
2. Do not use the sauna if you are pregnant.
3. Do not use the sauna under the influence of alcohol or drugs
4. Make sure to properly hydrate **throughout the day** as well as during any sauna session.
5. Do not place any flammable or combustible materials near the sauna.
6. While the sauna is in operation, do not use any metal tools on the sauna or try to change out electrical parts (ie: light bulbs). This creates the chance for electric shock and burns.
7. Usage by minor children and animals must be under strict supervision of a qualified adult.
8. Do not touch the heaters while the sauna is in operation.
9. Do not spray water on the heating panels as this may cause electric shock and/or damage the panels. The sauna is not to be used to dry clothes, bathing suits, etc. It is okay for sweat to come in contact with the panel without concern. See the FAQ section of this manual for directions on how to clean the sauna.
10. Do not use the sauna for any other purpose than originally designed and intended.
11. Use of the sauna must be done under proper supervision of a qualified adult.

** Rocky Mountain Saunas and any of its subsidiaries and/or associates will not be held responsible for any misuse or neglect of the sauna by the client. Rocky Mountain Saunas will not be held liable for any damage and/or injury caused by misuse or neglect of the product. **

Warranty and Return Policy

Rocky Mountain Saunas reserves the right to update the Warranty at any time. For the most up-to-date version please visit: <https://rockymountainsaunas.com/pages/best-far-infrared-sauna-warranty>

Safety Certifications

Rocky Mountain Saunas is committed to making safety our #1 priority. Certifications assure you that our infrared saunas have met a certain level of quality construction, as well as safety and performance standards.

Below is a list of our current certifications by companies authorized to approve the sauna safety standards in North America, Canada and the European Union.

INTERNATIONAL ORGANIZATION FOR STANDARDIZATION



Rocky Mountain Saunas' manufacturing facility has implemented a quality management system in order to maintain the highest standards in product development and quality assurance and is proud to have earned the prestigious ISO 9001 Certification.

ISO International Standards ensure that products and services are safe, reliable and of good quality. ISO (International Organization for Standardization) is the world's largest developer of voluntary International Standards.

ELECTRICAL TESTING LABORATORIES



Electrical Testing Laboratories (ETL) was founded in 1896 by Thomas Edison and is one of the oldest product safety testing laboratories in the world. Certification by ETL and ETL-C assures you that all Rocky Mountain Sauna models have been tested to meet both US and Canadian safety and performance standards. For more information, search Rocky Mountain Saunas ETL Certification.

CE CERTIFIED EUROPEAN SAFETY STANDARDS



The CE Mark is a requirement for products sold to the European Market. The CE Mark identifies a product as complying with the health and safety requirements spelled out in European legislation and is mandatory for equipment operating in the European Union (EU).

RoHS DIRECTIVE



The RoHS Directive stands for "the restriction of the use of certain hazardous substances in electrical and electronic equipment". This Directive bans the placing on the EU market of new electrical and electronic equipment containing more than agreed levels of lead, cadmium, mercury, hexavalent chromium, polybrominated biphenyl (PBB) and polybrominated diphenyl ether (PBDE) flame retardants.