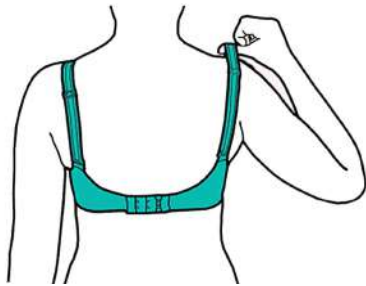
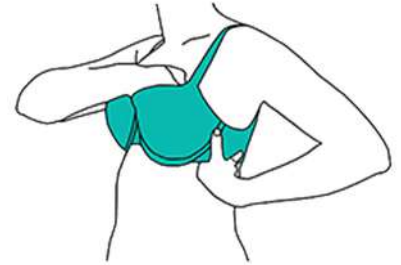


Troubleshooting Your New Bra

Yay, your new bra is here! Breakout Bras wants to ensure you are satisfied with the fit of your items, so we have put together this troubleshooting guide to address some common issues. If you aren't sure how to fix your issue after making these adjustments, contact our on-site customer service representatives. They will help you to find a better size or style for an exchange!

Are you spilling out of your cups? / Is there too much space in your cups?

Remember that it is crucial to “pull in” when you put on your bra. Firmly grip your side wires with one hand, and pull your breast tissue towards the center of each cup with the other hand. Don't be afraid to really pull any softer tissue in from the side of your body, so it sits in front of the bra's wire. Imagine you are trying to make cleavage. Doing this will help you feel comfortably contained within your bra and help you avoid bulging or gapping.

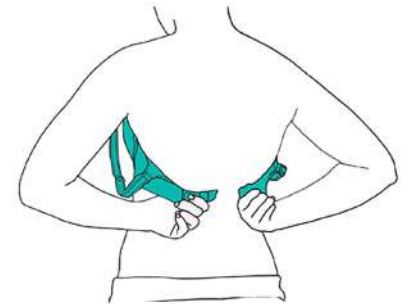


Are your straps properly adjusted?

It is also important that your straps are adjusted properly. If they fit too loosely, your straps will slip off your shoulders and can allow the top of the bra to fall away from the top of your bust. In contrast, if the straps fit too tightly, their elastic bands will stretch quickly and cause neck pain. Your shoulder straps should feel firm and hold the tops of your cups flush against your chest.

Does your band fit snugly?

With a correct fit, your bra's band should be doing the majority of the work to support the weight of your breasts instead of your straps. However, if you have to hook a bra on the tightest set of hooks for it to wrap firmly around your torso, that item is not giving you a proper fit. A new bra should fit snugly when you fasten it using the loosest set of hooks. It may feel uncomfortable at first, but as the bra's elastic stretches and the item molds to of your body. You'll get used to the secure fit, and the bra will get more comfortable over time.



Do you need an extender?

Breaking in a new bra is very similar to breaking in a new pair of shoes in that it is necessary but sometimes unpleasant. If you need some temporary relief while your elastic stretches, consider buying an extender. Extenders fasten easily to a bra's existing hooks, making it fit more comfortably. They are available at breakoutbras.com and should only be worn for about two weeks. Wearing an extender for too long will hinder your bras ability to properly adjust to the shape of your body and will not keep the bra firmly in place.



Contacting Customer Service

If you have tried these tips and are still not seeing your desired results, contact Breakout Bras customer service! All of our representatives work on-site and have years of experience fitting women in their perfect bras. They will be able to offer you insights and compassion and are dedicated to making sure customers get the fits they want in the sizes they need! Customer service can be reached by live chat, phone (866)870-8911, or email at service@breakoutbras.com. Thanks again for shopping with Breakout Bras!