

MEET the **KIDS** in the **BIBLE**

Activities,
Prayers and
Virtues to
Follow in Their
Footsteps

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Did someone ever tell you to be a good boy or a good girl? Good people do the right thing because they have many virtues. A virtue is a quality that makes you like God, who is all good. It is a strong point that people admire, like kindness and honesty. You learn virtues from those who care for you. Some children in the Bible, or their stories, also can also teach you about virtues.

In this book you will read about fourteen children in the Bible. Each one's story is an example of a virtue. You will learn what that virtue means. You will also discover ways you can grow in it. It is up to you to practice virtues and make them a habit. When you do, you will be acting like a true child of God.

A GOOD SON

Matthew 21:28–31

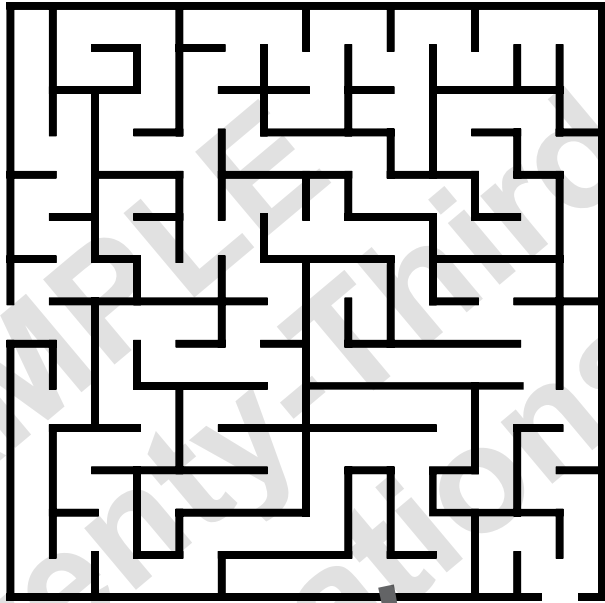
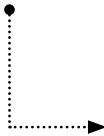
Jesus obeyed his heavenly Father by coming to earth to save us. He told this story to encourage you to obey too: A man had two sons. One day he said to a son, “Go and work in the vineyard today.” The son replied, “No, I won’t.” But later he changed his mind and went. Then the father told the other son to work in the vineyard. This son said, “Yes,” but he didn’t go! That first son was the one who actually did what his father wanted him to do. You are like him and like Jesus when you obey the Ten Commandments that God gave us.

His Virtue **Obedience**

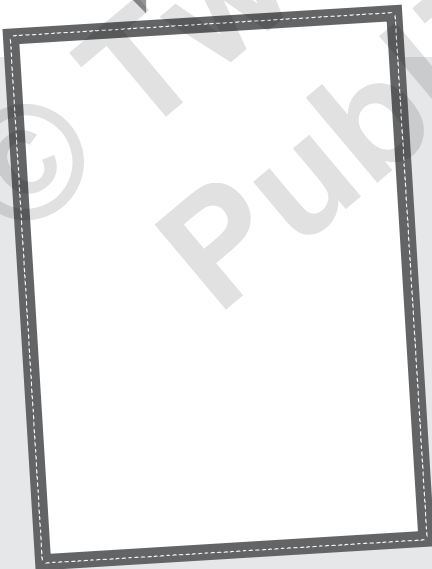
The fourth commandment tells you to honor your father and mother. This means to obey them and those who take their place when they tell you to do good things. Your mom, dad, grandmother, or grandfather want you to be happy and healthy. So they say things like “Clean your room,” “Eat your carrots,” and “Go to bed now.” You may not like what they say. You may not understand why they give a certain order. But you try to obey your parents even when it’s hard, even when you don’t feel like it. Why? Because you trust and love them. You obey quickly and with a smile. You do not complain or argue. By obeying, you please your parents. You also please God.

Activity

Find your way to the vineyard.



Write or draw something your mom or dad tells you to do.



Yes!



WHAT GOD TEACHES
“Honor your father and your mother.” EXODUS 20:12

ACTION

Make your parent or grandparent happy today by obeying them without a fuss.

PRAYER

Jesus, help me to do what I’m told cheerfully.

JOSEPH

Genesis 37:2–28; 41:39–57; 45:1–20

Joseph had eleven brothers. His father, Jacob, loved him best and made him a special robe. Joseph's brothers were jealous. One day when they were far away tending sheep, Jacob sent Joseph to see if they were all right. The brothers took Joseph's robe, threw him into a pit, and then sold him to merchants on the way to Egypt. They put goat's blood on the robe and told Jacob that a wild animal had killed Joseph.

In Egypt, Joseph became a powerful leader. When crops failed and people everywhere were starving, Egypt had plenty of grain stored. Joseph's brothers came to him for help. They didn't recognize him, but Joseph knew them and forgave them. He gave them food and the best land in Egypt to live on.

His Virtue **Love**

Love is the greatest virtue. It is also the greatest commandment. Some people might be mean to you. They might say and do things that hurt your feelings and make you sad. When this happens, you feel like hurting them back. You don't like them. But if you love, you forgive them. You don't hold a grudge. You are like Joseph, who forgave the brothers who were cruel to him. You are also like Jesus, who forgives us in the sacrament of reconciliation. God wants you to love every person, even those who hurt you.

Activity



Make
Joseph's
robe

beautiful.

Write or draw
about doing
something nice
for a person who
hurt you.

WHAT GOD TEACHES

“Love your enemies...

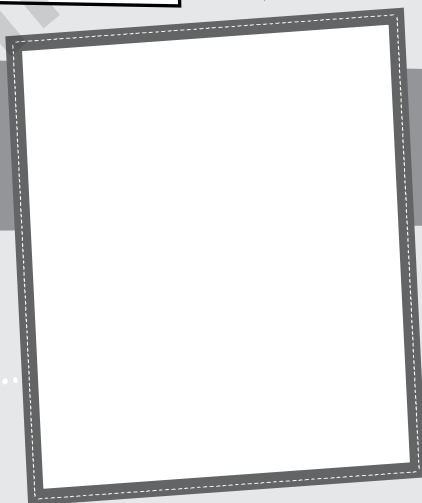
**so you may be children of your
Father in heaven.”** MATTHEW 5:44-45

ACTION

**Say a prayer for someone
who made you feel bad.**

PRAYER

**Jesus, may I love every person
the way you do.**



MIRIAM

Exodus 1:8–10, 22; 2:1–10; 15:20–21

The Pharaoh was afraid that there were too many Hebrews in Egypt. He ordered, “When a Hebrew boy is born, drown him in the river.” One Hebrew woman put her infant son in a basket and hid him in the reeds at the river. His sister Miriam stood watch. Pharaoh’s daughter came to the river and saw the basket. When she opened it, Miriam stepped forward. Cleverly, she offered to get a Hebrew woman to nurse the baby. Miriam brought the baby’s mother to the river. Pharaoh’s daughter said, “Take this baby and nurse it and I will pay you.” The baby was Moses. Miriam had helped to save his life. When Moses grew up, he led the Hebrews safely out of Egypt. Miriam led the women in singing and dancing to celebrate this.

Her Virtue **Prudence**

Prudence is making good judgments. It is knowing just what to do. Miriam thought of a way to return baby Moses to his mother. She carried it out. This showed prudence. You make little decisions every day, like what to eat and what to wear. You make important decisions, like whether to lie or tell the truth. You also face problems like what to do when a friend is being bad. Your parents and the Holy Spirit guide you in acting the right way. You only have to listen to them.

Activity

Put an X on the basket that is different.



WHAT GOD TEACHES

**“Be wise as serpents
and innocent as doves.”**

MATTHEW 10:16

ACTION

**Think of a way to make your mom
or dad smile. Then do it.**

PRAYER

**Jesus, thank you for times I know
the smart thing to do.**

Write or draw about
a time when you made
the right choice.