

My Catholic Prayer Book



***Praise to you,
Lord Jesus Christ!***



This book belongs to

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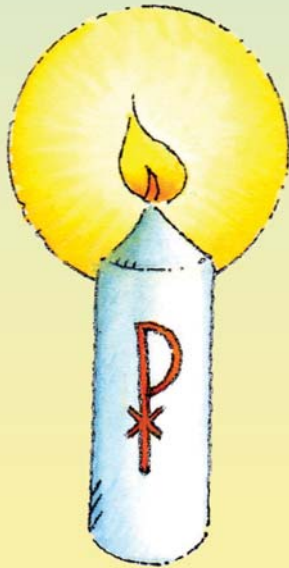
My Catholic Prayer Book



NOVALIS

The Grace of Our Lord Jesus Christ

**May the grace
of our Lord Jesus Christ
be with me always.
Amen.**





The Sign of the Cross

**In the name of the Father,
and of the Son,
and of the Holy Spirit.
Amen.**



Come, Holy Spirit

**Come, Holy Spirit,
fill the hearts of your faithful
and kindle in them
the fire of your love.
Send forth your Spirit, O Lord,
and renew the face of the earth.
Amen.**





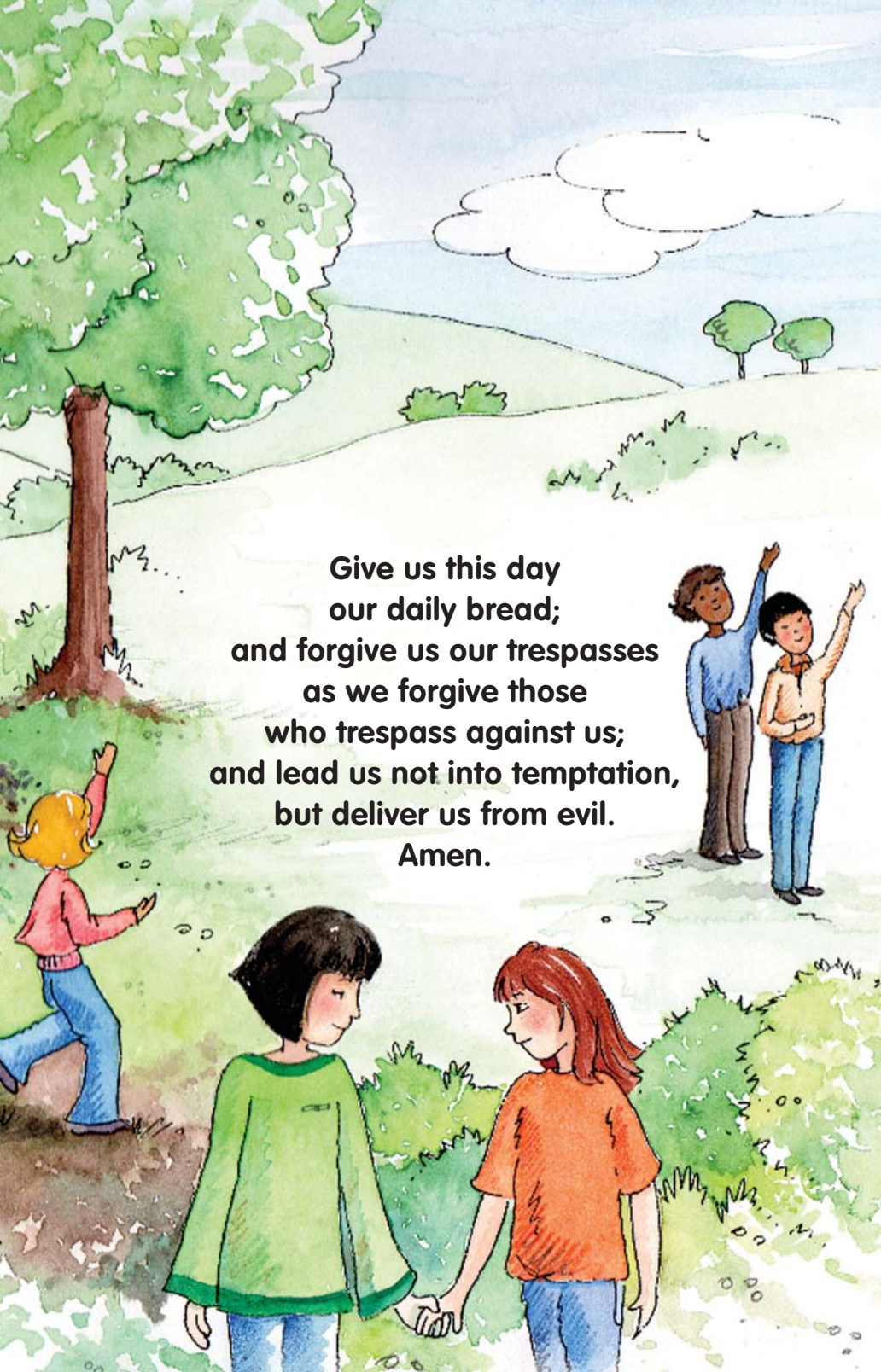
Glory Be

**Glory to the Father,
and to the Son,
and to the Holy Spirit.
As it was in the beginning,
is now, and will be forever,
world without end.
Amen.**



The Lord's Prayer (Our Father)

**Our Father,
who art in heaven,
hallowed be thy name;
thy kingdom come;
thy will be done
on earth
as it is in heaven.**



**Give us this day
our daily bread;
and forgive us our trespasses
as we forgive those
who trespass against us;
and lead us not into temptation,
but deliver us from evil.
Amen.**



The Rosary

In the Rosary, we focus on 20 events or mysteries in the life and death of Jesus.

- Begin the Rosary at the crucifix by praying the Apostles' Creed.
- At each large bead, pray the Our Father.
- At each small bead, pray the Hail Mary.
- At the first three beads, pray a Hail Mary for each of the gifts of faith, hope, and love.
- For each mystery, begin with the Our Father, say the Hail Mary ten times, and end with Glory Be.

Here is a list of the 20 mysteries of the Rosary:

Joyful Mysteries

- The Annunciation (Luke 1:26-38)
- The Visitation (Luke 1:39-56)
- The Nativity (Luke 2:1-20)
- The Presentation (Luke 2:22-38)
- The Finding in the Temple (Luke 2:41-52)

Luminous Mysteries

- The Baptism in the Jordan (Matthew 3:13-17)
- The Wedding at Cana (John 2:1-12)
- The Proclamation of the Kingdom (Mark 1:15)
- The Transfiguration (Luke 9:28-36)
- The First Eucharist (Matthew 26:26-29)

Sorrowful Mysteries

- The Agony in the Garden (Matthew 26:36-56)
- The Scourging at the Pillar (Matthew 27:20-26)
- The Crowning with Thorns (Matthew 27:27-30)
- The Carrying of the Cross (Matthew 27:31-33)
- The Crucifixion (Matthew 27:34-60)

Glorious Mysteries

- The Resurrection (John 20:1-18)
- The Ascension (Acts 1:9-11)
- The Descent of the Holy Spirit (John 20:19-23)
- The Assumption of Mary (John 11:26)
- The Crowning of Mary (Philippians 2:1-11)



Hail Mary

**Hail Mary, full of grace,
the Lord is with you.**

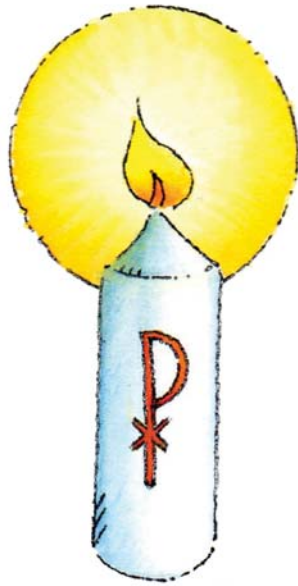
**Blessed are you among women
and blessed is the fruit of your womb,
Jesus.**

**Holy Mary,
Mother of God,
pray for us sinners,
now and at the hour of our death.
Amen.**

Lord, Have Mercy

**Lord, have mercy.
Christ, have mercy.
Lord, have mercy.**





I Confess

**I confess to almighty God
and to you, my brothers and sisters,
that I have greatly sinned,
in my thoughts and in my words,
in what I have done and in what I have failed to do,
through my fault, through my fault,
through my most grievous fault; (striking the breast)
therefore I ask blessed Mary ever-Virgin,
all the Angels and Saints,
and you, my brothers and sisters,
to pray for me to the Lord our God.**



Glory to God

**Glory to God in the highest,
and on earth peace to people of good will.
We praise you,
we bless you,
we adore you,
we glorify you,
we give you thanks for your great glory,
Lord God, heavenly King,
O God, almighty Father.
Lord Jesus Christ, Only Begotten Son,
Lord God, Lamb of God, Son of the Father,
you take away the sins of the world,
have mercy on us;
you take away the sins of the world,
receive our prayer;
you are seated at the right hand of the Father,
have mercy on us.**

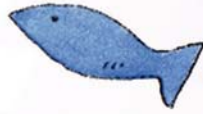
**For you alone are the Holy One,
you alone are the Lord,
you alone are the Most High,
Jesus Christ,
with the Holy Spirit,
in the glory of God the Father.
Amen.**



Apostles' Creed

I believe in God, the Father almighty,
Creator of heaven and earth,
and in Jesus Christ, his only Son, our Lord,
who was conceived by the Holy Spirit,
born of the Virgin Mary,
suffered under Pontius Pilate,
was crucified, died and was buried;
he descended into hell;
on the third day he rose again
from the dead;
he ascended into heaven,
and is seated at the right hand of God
the Father almighty;
from there he will come to judge
the living and the dead.





I believe in the Holy Spirit,
the holy catholic Church,
the communion of saints,
the forgiveness of sins,
the resurrection of the body,
and life everlasting.
Amen.





Hosanna in the Highest

**Holy, Holy, Holy Lord God of hosts.
Heaven and earth are full of your glory.
Hosanna in the highest.
Blessed is he who comes in the name of the Lord.
Hosanna in the highest.**



The Mystery of Faith

**We proclaim your Death, O Lord,
and profess your Resurrection
until you come again.**

A Morning Prayer

Now before I run to play
let me not forget to pray
to God who kept me through the night
and woke me with the morning light.
Help me, Lord, to love you more
than I have ever loved before.
In my work and in my play,
be with me throughout the day.
Amen.



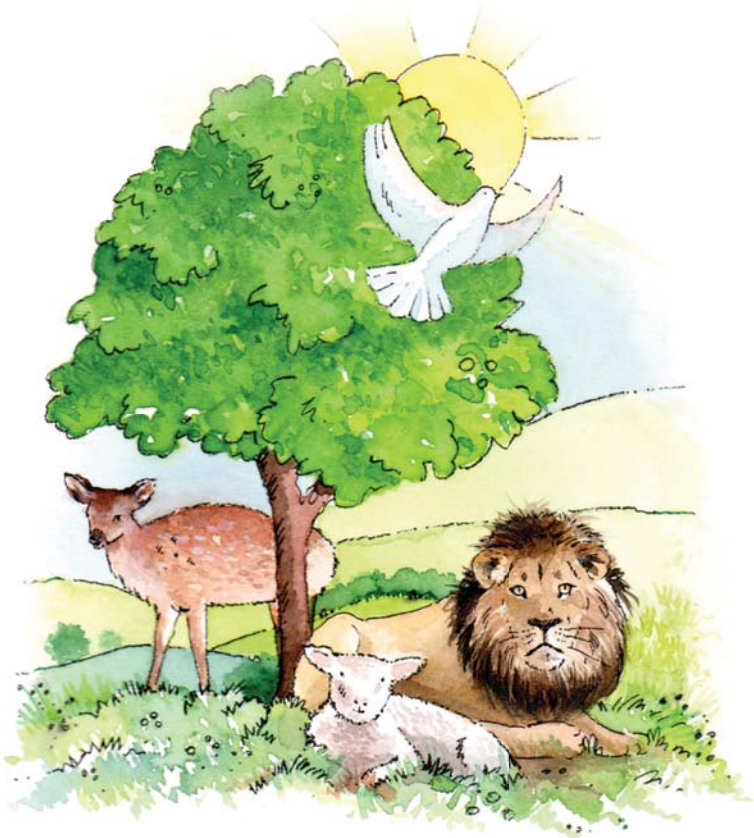
Prayer to My Guardian Angel

Angel of God,
my guardian dear,
to whom God's love commits me here,
ever this day,
be at my side
to light and guard,
to rule and guide.
Amen.

Grace before Meals

**Bless us, O Lord,
and these your gifts
which we are about to receive
from your goodness.
Through Christ our Lord.
Amen.**





Prayer of Saint Clare of Assisi

**Blessed are you, my Lord God,
for creating me and giving me life;
and by your death on the cross,
blessed are you, Jesus, for redeeming me
and giving me eternal life.**

Amen.



Prayer to Saint Marguerite Bourgeoys

**O Saint Marguerite Bourgeoys, you said,
“When our hearts are open to the sun of grace,
we are like blossoming flowers.”**

**Help me stay close to Jesus so that
I may always be as beautiful as a flower.**

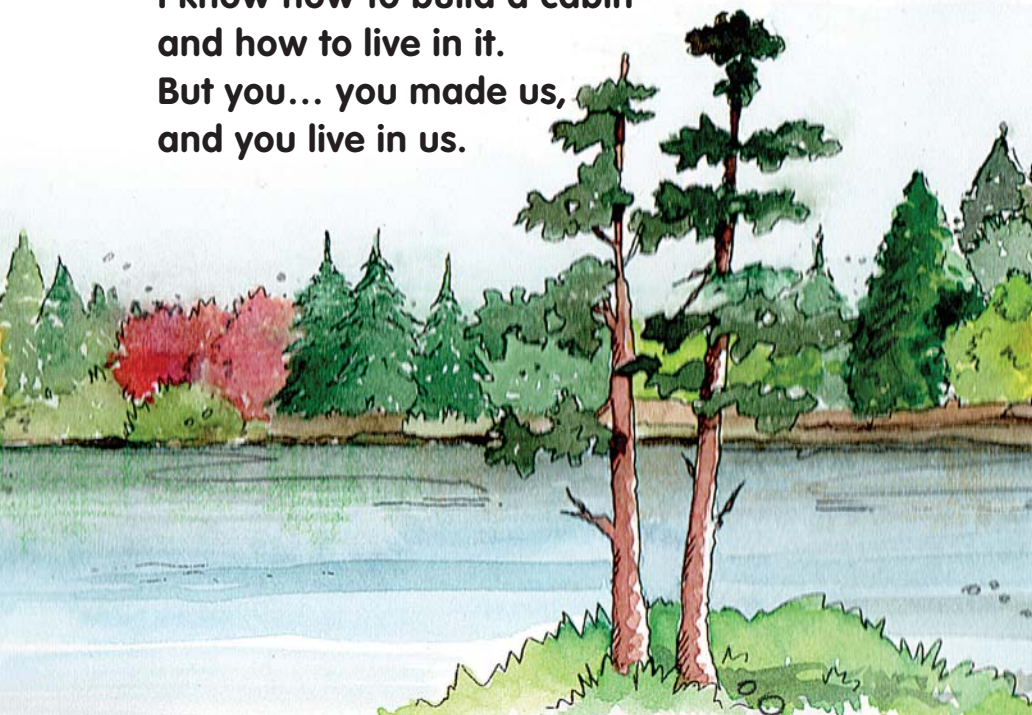
Amen.

Prayer of Joseph Chiwatenwha

(Wendat leader, 1641)

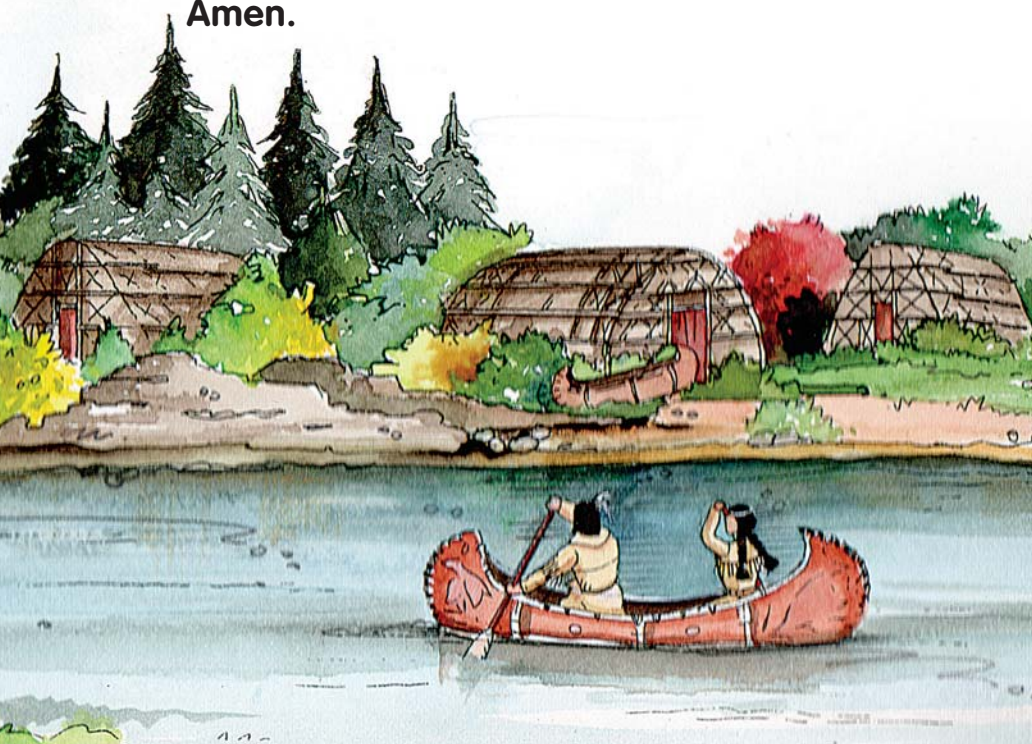
Dear God,
at last I start to understand you.
You made the earth which we live in.
You made the sky which we see above us.
You made us,
we who are called people.
Now, I want to start to know
who you really are.

I know how to make a canoe,
and how to enjoy it.
I know how to build a cabin
and how to live in it.
But you... you made us,
and you live in us.



The things we make
last for a few seasons.
We only use the canoes we create
for a short time.
We only live in the houses we build
for a few years.
But your love for us
will last so long
that we cannot count the time.

Help us to love you as you love us.
Amen.



Prayer to Saint Kateri Tekakwitha

**Dear Saint Kateri Tekakwitha,
when you were very little,
your mother taught you about Jesus.
You loved him very much.
Then everyone in your family got very sick.
Your mom and dad and little brother died.
But even when you were very sick
you still trusted Jesus to help you.**

**Thank you for accepting Jesus in your heart.
Every day, please help me to say,
"Jesus, I love you," just like you did.
Help me to love and help others.
Maybe I can also make some sacrifices
for Jesus and for others.
Someday I hope I will see you
and Jesus in heaven.
Amen.**





Prayer to Saint Brother André

**Saint Brother André,
you were a friend to people
who were sick and needed care.
You spent a lot of time praying to Jesus
and to Saint Joseph, his father on earth.
Your faith grew stronger every day
and God answered your prayers.
Help me to grow in faith
and to be a caring friend to everyone I meet.
Amen.**



The Peace Prayer of Saint Francis

Lord, make me an instrument of your peace.

Where there is hatred, let me sow love;

where there is injury, pardon;

where there is doubt, faith;

where there is despair, hope;

where there is darkness, light;

where there is sadness, joy.

Divine Master, grant that I may not so much seek to

be consoled, as to console;

to be understood as to understand;

to be loved as to love.

For it is in giving that we receive;

it is in pardoning that we are pardoned;

and it is in dying that we are born

to eternal life.

Amen.



A Bedtime Prayer

**Dear God,
Thank you for another day,
for friends, for food, for rest and play.
Fill me with your love and light;
watch over me all through the night.
Amen.**



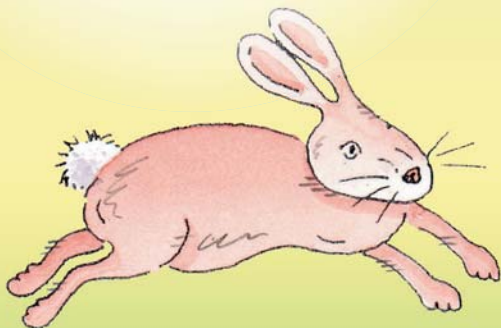
A Prayer for When You Are Sad

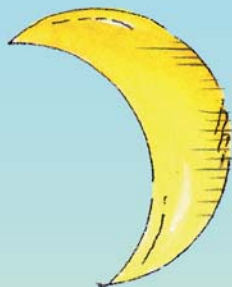
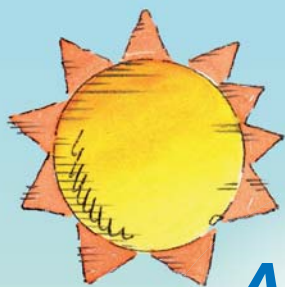
Lord, I am sad.
I feel like crying.
Lord, why do we
have to be sad sometimes?
I want someone to help me feel better.
I feel like you're not even there.
But I know you don't want me to stay sad...
So help me laugh and be happy again.



A Prayer for When You Are Happy

My life is great today!
And I know, Lord,
that you are happy to see me happy.
To make life even better,
I will try to spread joy
all around me.





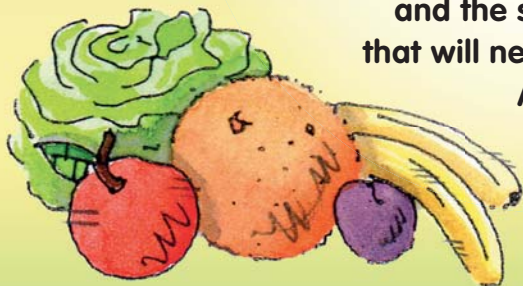
A Prayer for Anytime

Lord, I am thinking about you.
I know you are there.
Lord, I will not forget about you.
In my heart and in my head
there is a little song for you.



Thank You, Creator

I am thankful that the Creator
gave us a sun for warmth,
a moon to light the darkness,
food to fill our hunger,
families for comfort,
trees for air
and the stars in the sky
that will never stop shining.
Amen.



How to Pray

Take a few minutes each day to talk with God in prayer. Here are some ideas to get you started:

- say a prayer from this book
- ask God to bless you as you begin your day
- sit quietly and thank God for something
- ask God to help you when you are having a hard time
- tell God about your day before you go to sleep.

You can pray anytime and anywhere.
God is always listening!



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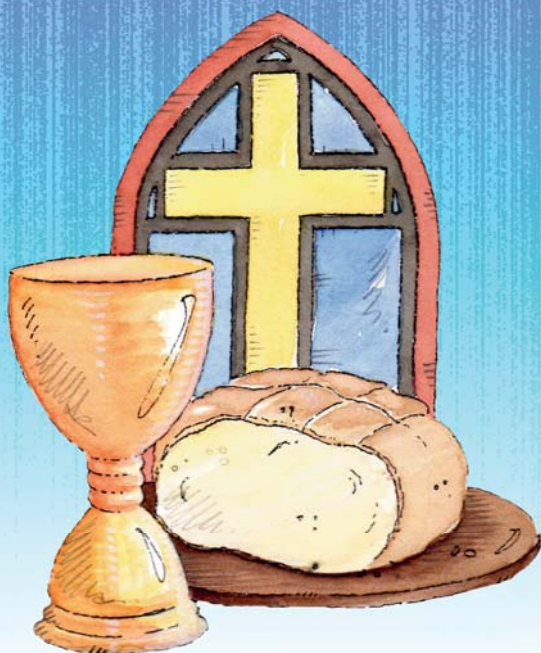
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***Jesus,
you are the bread
of life.***



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