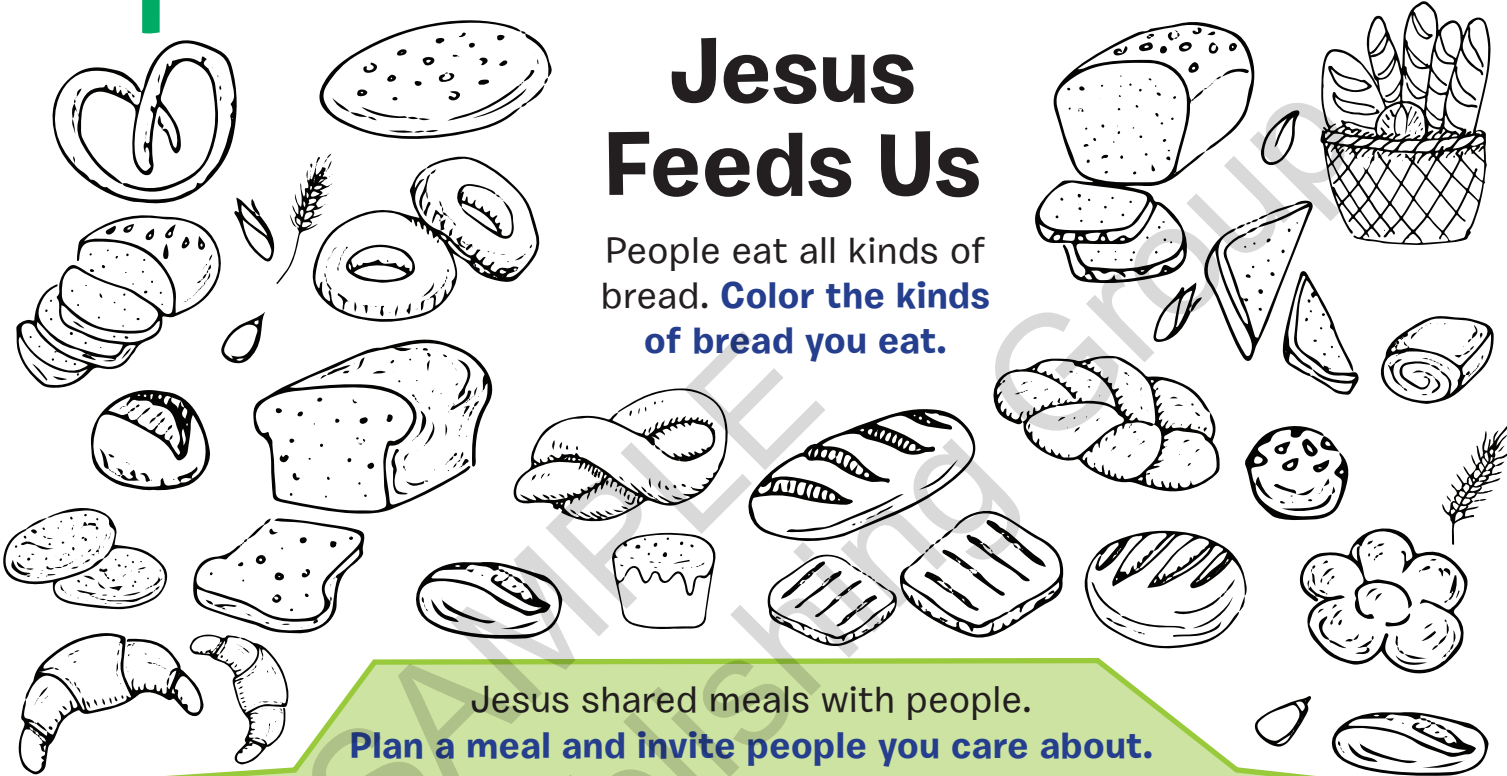


Good News

Jesus Feeds Us

People eat all kinds of bread. **Color the kinds of bread you eat.**



Jesus shared meals with people.
Plan a meal and invite people you care about.

What are you celebrating?



Who is coming?



What will you eat?

FOOD



DRINKS



DESSERT



Where Do Hosts Come From?

See how Communion hosts are made.



The second graders at St. Ed's were getting ready for their First Eucharist. The children had a lot of questions:

What does it taste like?

Do we have to drink the wine?

Is it OK to chew the host?

Is it really Jesus?

Mrs. Degnan held up her hands for quiet. "At practice, you can taste a host and drink from the chalice and ask all of these questions," she said. "Tomorrow, we will go watch the sisters next door make hosts."

The next day, the class walked to the monastery.

"Welcome!" said Sister Joan. "We are so happy to have you here today. Our sisters have made hosts for over 100 years. Can you guess how many we make in a year?"

"A million?" Sam joked.

"How about three million?" Sister Joan said. "We work five days a week. The sisters start mixing batter at five o'clock in the morning."

Sister Maria poured batter onto a machine like a waffle iron and closed the lid. When the timer buzzed, she pulled out a thin white sheet.

"The sheets rest overnight before we cut the hosts," Sister Joan said.

Another sister pulled a lever on a big machine. A stack of hosts popped out and fell into a basket.

"We pack and ship hosts to parishes like St. Ed's," Sister Joan said.

"While I work, I pray for the people who will receive Jesus in these hosts," said Sister Maria.

"These hosts are just flour and water now," she explained. "They become the Body of Christ when the priest prays the words of **Consecration** over them. We believe Jesus is really and truly present then."

"Why do we believe that?" Sam asked.

"When Jesus shared bread and wine with his friends, he said it was his Body and Blood," Sister Joan said. "We believe Jesus meant what he said."



KNOW

- 1 Whom do the sisters pray for as they work?
- 2 When is Jesus present in the hosts?



SUNDAY GOSPEL

The Most Holy Body and Blood of Christ
Luke 9:11b-17



Jesus Feeds a Crowd

Narrator: Jesus taught a crowd about the Kingdom of God. He healed those who were sick. The Apostles came to him at the end of the day.

Apostles: Jesus, tell the crowd that your teaching is over for the day. They need to go to the villages and farms to get food to eat. There is no food near here.

Jesus: Give them some food yourselves.

Apostles: We only have five loaves of bread and two fish. We would have to go out and buy a lot more food to feed such a large crowd.

Narrator: There were five thousand men there. There were women and children too.

Jesus: Tell the people to sit down in groups of fifty.

Narrator: The Apostles arranged the crowd as Jesus said. Jesus took the five loaves and two fish and looked

up to Heaven. He said a blessing over the loaves and fish. He broke them and gave them to his Apostles to share with the crowd.

Jesus: Set out the food for the people.

Narrator: They all had plenty to eat. The leftover food filled twelve baskets.



KNOW

- 1 How did the five loaves and two fish feed everyone?
- 2 What are other stories about Jesus eating with people?



Catholic Faith Word

Consecration The Consecration is the part of the Mass when the priest says the words Jesus used at the Last Supper and the bread and wine become the Body and Blood of Jesus.



Connecting GOSPEL and DOCTRINE

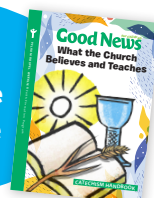
We Remember and Believe

Jesus feeds a large crowd with only five loaves and two fish. He changes bread and wine into his Body and Blood. We don't know how Jesus does these things, but we believe in him and his power.

Jesus shares his Body and Blood with the Apostles at the Last Supper. He asks us to remember him in the same way. At Mass, the priest says Jesus' words over the bread and wine. We believe that when the priest says these words, the Holy Spirit changes the bread and wine into Jesus' Body and Blood.



Go to page 22
of your Catechism
handbook to learn more
about the Liturgy of the
Eucharist.



Jesus Shares the First Eucharist

Jesus and his friends are in Jerusalem. People are celebrating Passover, a Jewish holiday. Jesus asks the disciples to prepare a meal.

At the meal, Jesus tells his friends what is going to happen to him: “I share with you what the Lord has shared with me. I will be taken away soon.”

Jesus takes the bread in his hands. He thanks God for it. He breaks the bread and says: “This is my body that is for you. Do this and remember me.”

Then Jesus holds up a cup. He reminds his friends of his promise, or covenant: “This cup is the new covenant. Drink it and remember me until I return. Every time you do this, you tell everyone that you believe in me.”

We call this meal the Last Supper. Jesus’ friends keep their promise to remember him. We keep this promise when we go to Mass and receive Jesus’ Body and Blood in Holy Communion.



Activity

Corpus Christi is another name for this Sunday. It means “Body of Christ.” Some parishes celebrate *Corpus Christi* with a procession, which is like a parade. The priest carries a consecrated host in a special holder, called a monstrance. The people walking with him show that they believe Jesus is really present in Holy Communion.

A Joyful Parade

Process around your parish with your class.
Check off each item below when you find it.



Family Corner

Scan here for
parent resources
or go to gospelweeklies.com/family



Question of the Week

What do you find hard to give up or give away?

Family Prayer

Dear Jesus, help us to have generous hearts. Amen.



Until we have a passionate love for our Lord in the Most Blessed Sacrament, we shall accomplish nothing.
—Saint Peter Julian Eymard