Healthy Guacamole

Whether you love avocados or not, everyone enjoys this guacamole! Guacamole is a staple at any fiesta celebration, and it may be easier to make than you think.

With this simple recipe, you can't go wrong!

Prep Time: 5 minutes **Total Time:** 10 minutes

Servings: 8-10



INGREDIENTS

5 avocados, ripe
½ cup red onion, finely diced
1 jalapeno, finely diced taste for heat
1/3 cup fresh cilantro, finely chopped
1 garlic clove
2 limes, juiced
1 tsp coarse salt

INSTRUCTIONS

- 1. Scoop the flesh of the avocados into a large bowl. Mash the avocado until you have reached the desired consistency using a potato masher or a fork.
- 2. Mix in red onion, jalapeno, cilantro, garlic, juice of 1 lime, and ½ the salt.
- 3. Taste for seasoning. Add the other lime, and a bit more salt if needed.
- 4. Top with additional cilantro and serve immediately.