

Hoops America

SPRING INFO SHEET

MARCH 8, 2020 - JUNE 21, 2020

Locations

MSP = Metuchen Sportsplex 215 New Durham Ave, Metuchen, NJ
TCS = Timothy Christian School 2008 Ethel Road, Edison, NJ
(On border of Edison & Piscataway)

Schedule

GRADES 1-5

Thurs 6-8pm @ TCS
Sat 4-6pm @ TCS
Sun 4-6pm @ TCS

MS/HS BOYS

Weds 6-8pm @ TCS
Sat @ TCS
12-2pm (HS); 2-4pm(MS)
Sunday @ TCS
2-4pm (HS); 6-8pm(MS)

MS/HS GIRLS

Mon & Wed 6-8pm @ TCS
Sat @ TCS
12-2pm (HS); 2-4pm(MS)
Sunday @ TCS
2-4pm (HS); 6-8pm(MS)

Announcements

ALL SESSIONS MUST BE USED DURING THE SPRING SEASON. SESSIONS DO NOT CARRY OVER

- G5 H'3/28: No Sessions
- SUN 4/12: No Sessions (Happy Easter)
- THU 4/23 - SUN 4/26: No Sessions
- THU 5/14 - SUN 5/17: No Sessions
- WED 6/10: No Sessions

Schedule Change

- THU 5/28: 5-7pm @ MSP for Girls & Boys Grades 1-5
- SAT 6/6:
 - HS Girls & Boys from 2-4pm
 - Grades 1-5 Girls & Boys from 4-6pm
 - MS Girls & Boys from 6-8pm
- SUN 6/7:
 - HS Girls & Boys from 2-4pm
 - Grades 1-5 Girls & Boys from 4-6pm
 - MS Girls & Boys from 6-8pm
- THU 6/11: 5-7pm @ MSP for Girls & Boys Grades 1-5

HoopsAmerica Program Curriculum

DISCOVERY PROCESS

"Embracing the Learning Process"

- *Instruction of Learning Tools
 - Eye Contact
 - Repeat and Retain
 - Review and Retain
 - On and Off-Line Learning
- *Understand
 - Point Zero Moves
 - Point One Moves
 - Defensive Footwork
- * Develop
- * Strengthen Individuals Skills

MASTERY PROCESS

"We are what we repeatedly do; therefore, excellence is not an act but a habit."

- * Cultivate their own Discovery
 - * Master and Create New Skills
 - * Learn to present New Challenges and Overcome Challenges
 - * Invent and Re-Invent themselves as a player and student
 - * Learn to strengthen and enhance Communication Skills
 - * Cultivate Leadership Skills
 - * Understand the importance of personal growth through creativity, selflessness, athleticism, and positive and productive interaction with coaches and teammates
- Team Concepts*
- * Focus on the dynamics and subtleties of individual play
 - * Apply individual play in the context of team play in various competitive settings

Coach Rich Leary

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