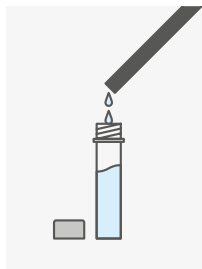


Directions for Use

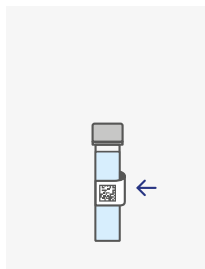
Please note!

The following steps 4–8 must be performed for each of the three samples taken. Stickers are provided on the test-ID card for every sample. The stickers can be used in any order.



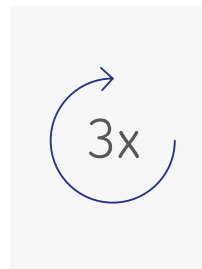
Step 5

Fill the tube completely with saliva (not including foam) using the straw.



Step 7

Remove the square code adhesive label from the test-ID card and stick it on the filled saliva collection tube – **NOT on the transport tube.**

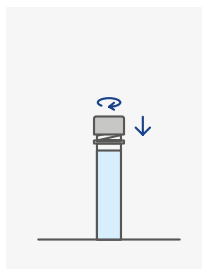


Step 9

Repeat the steps 4 to 8, to take a total of three saliva samples. You can find information on the time the sample is taken under **preparation** at the start of these instructions.

Step 4

Rinse your mouth with clean water and wait until your saliva production returns to normal. Then open the saliva tube and pick up the straw.



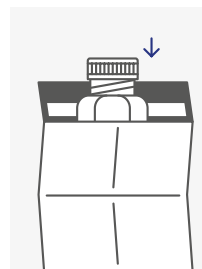
Step 6

Close the sample tube by screwing the lid shut. If necessary, clean the outside of the tube.



Step 8

Slide the filled saliva collection tube into the larger transport tube **without removing the absorbent felt.** Close the transport tube well and **store it in the freezer until shipping.**



Step 10

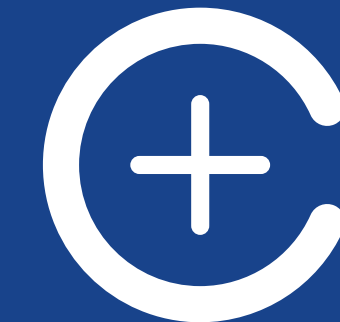
Place the transport tubes into the return envelope. Close the envelope carefully and send it immediately by post free of charge. Please check if the test has been activated and dispose of the used parts of the test kit in the household waste.



The cerascreen® Testosterone Test is a send-in sampling kit to determine your testosterone level. The test is used to analyse the concentration of androgens testosterone in human saliva.

Manufacturer:
cerascreen® GmbH
Güterbahnhofstraße 16
19059 Schwerin
Germany

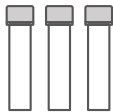
help@cerascreen.com
www.cerascreen.info
SKU: 99090816
CRS3-Testosteron_EN_000
Valid from March 2021



Testosterone Test

INSTRUCTIONS FOR USE

Your test kit contains



3 saliva tubes



3 straws



1 Transport tube with absorbent felt



1 return envelope
1 test-ID card with 3 sticker

Information and Instructions for the Test

IMPORTANT



The sample should only be taken between **Sunday and Tuesday** (latest) and sent off on the same day. Please take into account any public holidays.

Please enter your test ID to activate the test before sending us your sample. Our laboratory needs this in order to identify your sample and send you the test result. You will find more detailed information in step 2 and 3.

Please note that the use of prescription drugs (e.g. hormone preparations) can affect the test result. More information is available in the FAQ section on our website.

General Information

- Read the Instructions for Use carefully before you begin and follow the listed steps.
- The test kit should be stored between 2 °C and 30 °C.

Warnings

- Store this kit out of reach of children.
- The kit may only be used by adults aged 18 or older.
- This test is not suitable for use by children.
- This is a sample collection kit for personal single use only!

Test Execution Guidelines

- Do not consume alcohol the night before sample is taken.
- Do not drink, eat or smoke 30 minutes before taking the sample.
- Before brushing your teeth, the samples should be collected. Please avoid the use of mouthrinses, mouthwashes, chewing gum or other substances refreshing your breath.

- Do not perform a collection if you are suffering from acute illness or inflammation of the oral cavity or bleeding gums
- Stick the square code sticker on the saliva tube only after a successful sample taking.
- If possible, go to bed before 11 p.m. and get up no later than 8 a.m. on the day of sampling.

If you have any questions, please visit our help website: help.cerascreen.com



In vitro diagnostics



Read the instructions before taking the sample



For single use only



Store at a temperature between 2 °C and 30 °C



Contains 1 kit



Manufacturer



Expiration date



Conformité Européenne



Batch number



Order number

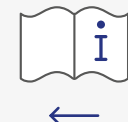
Directions for Use



Preparation

Take a total of three saliva samples:

1. Immediately after waking up
2. 30 minutes after waking up
3. An hour after waking up



Step 1

Check that all conditions are fulfilled for sample taking. Please read the section "Information and Instructions for the Test" carefully.



Step 2

If you are a new customer, please create an account at my.cerascreen.com or with the **my cerascreen®** app. See our FAQs on help.cerascreen.com for further instructions.

Test-ID
123XXX

CONTINUE

Step 3

To receive your result report, log in via the **my cerascreen®** app (Android, iOS) or on my.cerascreen.com. Insert your six-digit ID-number according to your test-ID card under "activate test" and follow the instructions.