Instructions for Use



Step 9

Place your hand on a firm surface. Place the lancet diagonally on the tip of your finger as shown in the illustration. Using the side of your fingertip will reduce discomfort. Press the lancet firmly against the finger until it releases, CAUTION: The lancet can only be released



Step 11

Encourage blood flow by standing up and holding your hand below the heart. Gently massage your finger from the palm of your hand to your fingertip until a drop of blood



Step 13

Let a large blood drop fall onto the marked circle on the dried blood spot card. In case the drop doesn't fall on its own from your finger, hold the dried blood spot card carefully against the drop without touching the paper to your finger.



Step 15

Repeat this process until you have completed four circles.



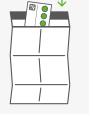
Step 17

Remove the square code sticker from the test-ID card and stick it on the dried blood spot card in the area intended for the test-ID sticker.



Step 19

Place the dried blood spot card in the preadressed return envelope. Close the envelope carefully and send it immediately by post free of charge.





Step 10

Press the thumb of your other hand below the sampling spot and pull back on the skin



Step 12

Before you start collecting the blood, take the swab (NOT the alcohol wipe) and wipe off the first drop of blood. Wait until a



Step 14

For the best evaluation of the sample, the largest possible drop of blood is required. The blood drop should cover the circle inside the marking



Step 16

After taking the blood, use the swab and plaster to clean and cover the wound.



Step 18

Allow the dried blood spot card to dry for 2 to 3 hours at room temperature. Make sure to place it flat on a dry surface, protected from direct sunlight. Make sure the blood is completely dried before putting the dried blood card in

the envelope.



Step 20

Please check if the test has been activated and dispose of the used parts of the test kit in the transparent plastic bag in

the household waste.

cerascreen® GmbH

(+) cerascreen°

initial indicator for possible food allergies.

SKU: 99091176

C Supplier: plaster CE, swab CE: Hartmann, Paul-Hartmann-

Straße 12, 89522 Heidenheim, Germany | lancet C 6 0050:

Becton Dickinson GmbH, Tullastrasse 8-12, Postfach 101629,

6900 Heidelberg, Germany | dried blood spot card C€: Ahl

strom-Munksjö Germany GmbH, Niederschlag 1, 09471 Bä

The cerascreen® Food Allergy Test is a send-in blood sampling kit to determine the presence of IqE antibodies in response to 38 specific

foods. Discover the concentration of IgE antibodies in your blood as an

Food Allergy Test





DIRECTIONS FOR USE



Your test kit contains







1 dried blood spot card C€



1 return envelope

1 test-ID card with sticker

2 plasters C€. 1 swab C€

2 lancets **C €** 0050

Information and tips

IMPORTANT



The sample should only be taken **between** Sunday and Tuesday (at the latest) and sent

Please enter your test ID to activate the test this in order to identify your sample and send you the step 2+3.

2 weeks), before taking the sample. Food intolerances onsumed those foods. Attention: Do not consume your body (anaphylactic shock may occur!). Also, note

the FAQ section on our website.

General Information

- · Read the instructions for use carefully before you begin and follow the listed steps.
- Do not take a blood sample immediately after strenuous physical
- If you have difficulties with the blood collection or the kit is incomplete, contact our customer service (help.cerascreen.com).
- The product is for single use only.
- Do not touch the dried blood spot card within the markings and keep it dust free.
- Unfortunately, it is not possible to analyse blood samples that contain less than the required amount of blood.

Contagious Illnesses

 Do not use this kit if you suffer from a blood-borne contagious illness such as hepatitis or HIV.

Risks and Side Effects

- After taking a sample of your blood, pressure sores may occur around the wound for a few days and/or a bruise may form at the injection site. Additionally, the puncture site may be visible for a few
- Note: Any serious incident related to the product should be reported. to the manufacturer and to the competent authority of the Member State where the user is established.

Warnings

- Store this kit out of reach of children.
- The kit may only be used by adults aged 18 and older.
- If you are pregnant or are breastfeeding, use the kit only after consultation with your medical professional or pharmacist.
- . If you suffer from a congenital or acquired blood-clotting disorder or are taking anticoagulant medication, use the kit only after consultation with your medical professional.
- Use the lancets only as described in the instructions for use.
- . If you have problems with the sight of blood or blood sampling, take the sample only in the presence of another person or contact your medical professional or pharmacist.

If you have any questions, please visit our help website: help.cerascreen.com

Legend

IVD In vitro diagnostics

Follow the instructions for use

For single use only



Store at a temperature between

LOT Batch Number





/!\ Attention!

PZN Pharmaceutical Registration

SKU Item Number

Manufacturer

Expiration Date

C € Conformité Européenne

Step 2

Step 1

carefully.

Check that all conditions

are fulfilled for sample

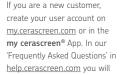
taking. Please read the

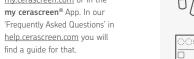
section 'Information and tips'

Instructions for Use

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my.cerascreen.com







123XXX



To create your result report. log in via the my cerascreen® App (Android, iOS) or on my.cerascreen.com. Insert your ID-number according to your test-ID card under 'Activate Test' and follow the

instructions.

Place all contents of the test

kit on a clean surface. Before

you begin, choose a spot for

the prick. TIP: the middle or

ring finger of the left hand

usually works best.



Step 5

Step 6

Wash your hands with soap and warm water. Hold vour

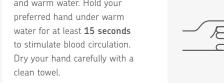
Swing your preferred arm

around in a circle 5 to 10

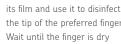
possible, in large movements

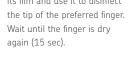
to stimulate blood circulation.

times, fully extended if









Step 8

protective cover.



Take the lancet. (1) Rotate the protective cover once around its axis. (2) Carefully remove the protective cover. CAUTION: Do not use a lancet with a loose or missing

