

OMMERCIAL SERIES



AbCoaster CS 3000

The flagship product of the Ab Coaster Commercial Series, the CS3000 features stainless steel rails for an ultra-smooth ride, adjustable hand grips, and a freestyle motion seat.

FEATURES

- Heavy-Duty Steel Construction
- 2.5" Stainless Steel Rails
- Ultra-Glide Nylon Rollers
- Sealed Steel Bearings
- Urethane Molded Foam Pads
- Adjustable Hand Grips
- Free-style Motion Seat
- 450 lb. User Weight Capacity
- 40 lb. Olympic Weight Capacity
- Weight Storage Post
- Easy-Move Casters
- Extended Warranty
- Quick and Easy Assembly

DIMENSIONS & WEIGHT

L 61"W 33"H 58" Weight: 150 lb.



AbCoaster FT

AbCoaster FT incorporates functional training into the original AbCoaster CTL. In addition to all the same features as the original CTL, the FT includes a knee pad that has been split into two, so you can now move your legs independently while exercising. A user can still move their knees together while exercising, but now a user can also move them independently as well, which allows a person to obtain functional training benefits during core exercise.

FEATURES

- Split Knee Pad for Functional Training
- Heavy-Duty Steel Construction
- Urethane Molded Foam Pads
- Adjustable Hand Grips
- Free-style Motion Seat
- 450 lb. User Weight Capacity
- 40 lb. Olympic Weight Capacity
- Weight Storage Post
- Easy-Move Casters
- Extended Warranty
- Quick and Easy Assembly

DIMENSIONS & WEIGHT

L 51"W 41"H 57" Weight: 150 lb.



AbCoaster CTL

The CTL is a unique, alternative way to work your abs from the "bottom up"—without any rails. The trackless CTL features a frictionless resistance system making the motion very easy for any user, including deconditioned and rehab patients. The CTL makes for easy maintenance and super-quiet operation.

FEATURES

- Heavy-Duty Steel Construction
- Urethane Molded Foam Pads
- Adjustable Hand Grips
- Free-style Motion Seat
- · 450 lb. User Weight Capacity
- 40 lb. Olympic Weight Capacity
- Weight Storage Post
- · Easy-Move Casters
- Extended Warranty
- Quick and Easy Assembly

DIMENSIONS & WEIGHT

L 51"W 41"H 57" Weight: 130 lb.



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