

For centuries, professional cheese makers and keepers have created highly controlled environments to preserve and store cheese.

These specialized cheese caves control humidity, air flow, temperature, materials, and light. When these factors are balanced properly, cheeses can mature to their ideal ripeness and achieve peak flavor and texture. A specialized environment for preserving cheese has never been accessible to the home cook.

Until now.



CHEESE GROTTO™



"The Cheese Grotto is a revolutionary new product that's ready to bring the art of cheese preservation right into your home refrigerator."

-Culture Magazine

"The Cheese Grotto solves a problem every cheese lover faces: How can I prolong or maintain my cheeses at their optimal stage of ripeness?"

> -Max McCalman World-Renowned Cheese Specialist

"This device is the right and only way to keep and store cheese."

-Steve Jenkins Author of Cheese Primer

## **GETTING STARTED**

Your Grotto is made to order, so it may smell of wood laminate upon arrival. You can wash the Grotto inside and out with hot water and a splash of distilled vinegar or soap. Allow to air dry before use.

Use a clean cloth or paper towel to apply a thin, even coat of mineral oil (included) to the bamboo surface of the Grotto. This will help protect the Grotto against stains.

Unwrap the clay brick and submerge in clean, warm water for 2 minutes. Wipe excess water off the bottom of the brick. Place the brick in the slot in the base of the Grotto. Replenishing the moisture in the clay brick weekly will ensure consistent humidity regulation.

Remove the shelves and hand wash. Allow to dry completely before placing cheese on your shelves.

Place your cheeses, unwrapped, in the Grotto, and they will live a long, happy life.

Fine-tune the humidity in your Grotto for your cheese storage needs. Learn more about managing humidity in your Grotto on page 3.

## TIPS & TECHNIQUES

For long term storage of cheese, the FDA recommends keeping the Cheese Grotto at refrigeration temperatures (34 to 39 degrees F, preferably 39). However, founder Jessica Sennett prefers to store certain aged styles of cheese at room temperature, below 70 degrees F. An ambient temperature range from 45-60F most accurately replicates the environment of a cheese cave.

Store different types of cheese on different shelves. (See our guide to cheese style preservation on page 4.) This keeps the active cultures from mingling and best preserves the individual character of each cheese. The most pungent styles (blue cheeses and aromatic cheeses with orange-colored rinds) should be stored on a separate shelf.

Give each cheese room to breathe- around one inch between pieces will allow proper air circulation.

Certain cheeses such as mozzarella and feta require storage in brine, and are not suited to storage in the Grotto.

To age homemade cheese, make sure that your Grotto is placed in an environment with the proper temperature range for the style of cheese you are making. The temperature and humidity requirements for making cheese are precise and we recommend using a thermometer and hygrometer to verify that you are maintaining the correct environment for the style of cheese you are making.

## **HOW DOES IT WORK?**

The Cheese Grotto™ combines age-old cheese wisdom with modern innovation to create a perfect cheese preservation environment. The Grotto's humidity-regulating brick, is comprised of clay, an ancient and traditional material. PlyBoo ®, an innovative bamboo plywood, provides a strong, resilient and washable surface for storing and beautifully displaying cheese.

The Cheese Grotto is expertly crafted from the highest quality, sustainable materials. It is designed to be enjoyed with friends and family for years. Each Grotto is made in Richmond, Virginia by Eco Supply.

Glass panels allow easy monitoring and attractive display of vour cheese as it ripéns. Two removable shelves hold up to six pounds of cheese. The PlyBoo ® material can be handwashed and will not warp with use. Grooved contours provide gentle air flow around the cheese. After a quick submersion in water, the clay brick A solid brass ball-catch slowly releases moisture secures the Grotto door into the air, keeping closed. unwrapped cheeses at the optimal humidity.

The vaulted ceiling controls condensation by directing it to the sides, away from the surface of the cheese.

At 8 1/2" high and 7" wide, the Grotto is sized to fit comfortably in your refrigerator or on your countertop.

The ventilated back panel can open or close to customize airflow.

With a 12" depth and pull-out shelves, the Grotto provides ample surface to store a number of cheeses

The natural PlyBoo ® construction allows the cheese to breathe, providing a healthy environment for the live cheese cultures.

## MANAGING HUMIDITY

The Cheese Grotto allows you to customize and regulate humidity, just like a cheese professional.

Begin your cheese storage by making careful observations about the appearance of your cheese upon purchase. With practice, you'll develop the ability recognize and predict when your cheese needs more or less humidity.

#### **TOO MUCH MOISTURE?**

Cheeses with too much moisture benefit from a temporary, controlled drying out period called curing. When does your cheese need curing? Here are some of the most common indications:

- You purchase a soft cheese with rind that appears matted or damp and may smell slightly of ammonia.
- A proliferation of white, blue or hair-like brown mold appears on the cut surface or rind of your cheese.
- You add a large quantity (over two pounds) of soft cheese to your Grotto all at one time.

#### TOO LITTLE MOISTURE?

Certain situations may require increased humidity in your Grotto. To achieve this, you can replenish the water in your clay brick every three days. When would your cheese need higher humidity?

- The surface of your cheese slightly darkens and feels dry to the touch.
- You store small (3 oz. or smaller) pieces of cheese. These cheeses have more surface area, and will need higher humidity to prevent drying out.





#### **CURING**

In a refrigerated Cheese Grotto, you can cure cheeses by opening the back ventilation panel halfway for 24 hours. (Refrigerated air is harsh on cheese and fully opening the panel could be too severe.) If you are storing your Grotto at room temperature, open the ventilation panel fully for 24 hours. While curing cheese, you can temporarily withhold replenishing the moisture in your clay brick. After the curing period is complete, close the panel and continue replenishing water in the brick as usual.

#### **MOLD**

Mold is a natural part of high-quality, traditional cheeses. Cheese professionals know how to identify and manage molds. Cheeses with white, blue or brown molds are still good to eat! Gently scrape these molds off the cut surfaces of cheese. Pat down molds on the rind of cheese (taking care to not damage the rind.)

#### LONG -TERM STORAGE

When you are on vacation, the best way to ensure proper humidity is to stock up on cheese. Storing at least a half pound of soft cheese or a full pound of hard cheese will keep all your cheeses happy and hydrated while you are away.

# CHEESE STYLE PRESERVATION GUIDE

Cheese Style	Normal Shelf Life refrigerated, wrapped in plastic	Refrigerated in Grotto unwrapped	Stored in Grotto ambient room temperature (less than 70 F)
Spreadable Logs chèvre, sheep, cow	7 days	2-3 weeks	8 days
Bloomy Rind brie, triple crème	7 days	4 weeks	2-3 weeks
Washed Rind* aromatic cheeses with orange- colored rind	7-10 days	2 months	2-3 weeks
Blue Cheeses*	7-10 days	2 months	2 weeks
Semi-Hard smooth-textured, melt-able cheeses	10-14 days	3-6 months	2 months
Hard parmigiano reggiano	1 month	5-12 months	2-3 months

<sup>\*</sup> Store these styles on a separate shelf

## **MAINTENANCE & CARE**

Hand wash only with hot water and soap or diluted, distilled vinegar. Distilled vinegar kills molds and is an effective way to sterilize the surface of your shelves.

Allow the Grotto shelves to air dry between uses.

For maintenance of the Plyboo®, apply food-grade mineral oil monthly. We like Goddard's Butcher Block Oil and Emmet's "Good Stuff".

To maintain the smooth glide of the shelves over time, you can rub carnauba or beeswax along the edges of the shelves, applying a thin coat of wax. Wax will help seal the wood from moisture.

To adjust the tension on the the ball-catch closure, slightly depress the ball set into the ceiling of the Grotto, twist and release until the desired tension is achieved.

Wood is a traditional surface for preserving cheese. If it is not cleaned regularly and properly, wood has the potential to harbor pathogens.



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