

# Performance Monitor & PWI

Settings for English and Spanish languages



**BodiMetrics** 4.4  
 BodiMetrics, LLC  
 ★★★★★ 2.5, 4 Ratings  
 Free



BodiMetrics Performance Monitor captures vital health metrics wirelessly in under 20 seconds! Vital Signs: ECG, Heart Rate, Systolic Blood Pressure, Blood Oxygenation and Temperature, combined with algorithms and Relaxation and Performance indices provide the information needed to support a healthy lifestyle, maximize training and fitness regimens and improve outcomes in monitored patient populations. Useful as standalone consumer monitor or as part of medical monitoring programs, (i.e. Post Discharge, Employee Health, High Risk Populations).

## Features and Metrics

**20-Second ECG Waveform**

**20-Second SpO2 Capture**

**Heart Rate & Heart Rate Variability**

**Respiration Rate**

**20-Second Systolic BP (SBP)**

**3-Second Thermometer**

**Relax Me Bio-Feedback**

**Pedometer Steps**

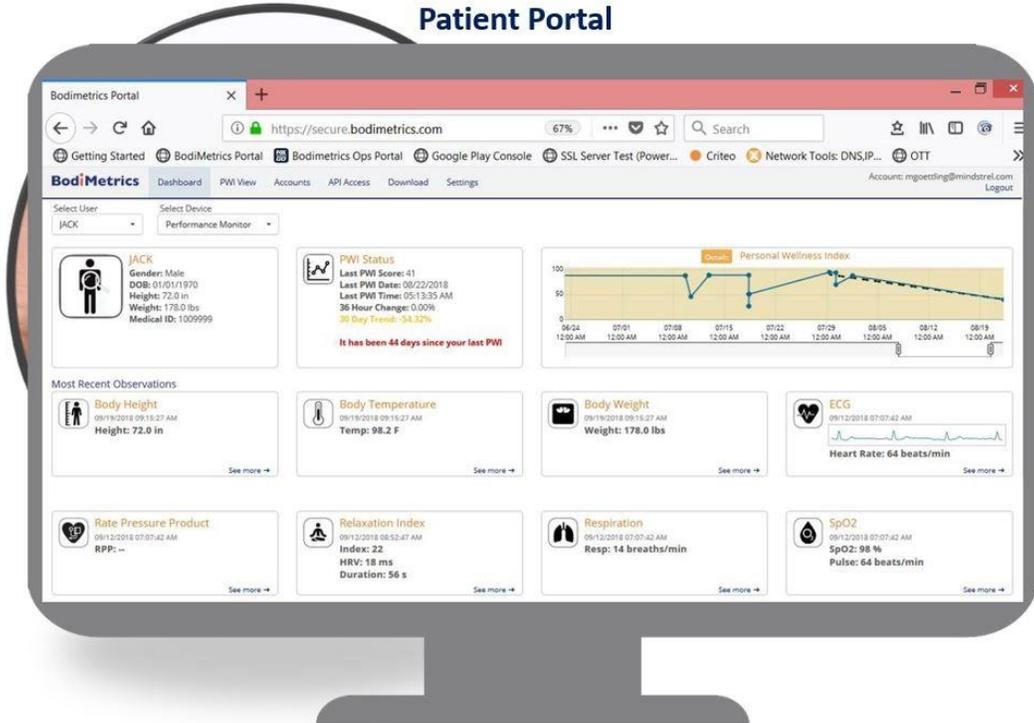
**Medication Reminders**



Patient Monitoring Dashboard – Free Cloud Service Available with All Monitors – Follow Unlimited Number of Patients from Multiple Caregivers:

## Performance Monitor™ and VitalsRx™ Health Monitors

### Patient Portal



## Monitor Tab – Admin & Viewer

Bodimetrics										Admin: mgoetting@mindstrel.com	
Monitor										Logout	
Dashboard											
PWI View											
Accounts											
Download											
Settings											
Welcome!											
Most Recent Observations											
Show <input type="text" value="20"/> entries										Search: <input type="text"/>	
Last Name	First Name	Medical ID	Temp	SBP/DBP	Pulse	Resp	SpO2	PWI	Alerts		
AL	ANDROID	987654	97.3	--	77	10	99	-	<input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>		
SMITH	BILL	12345	97.2	109	66	8	97	59	<input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>		
SMITH	BILL	12345	97.5	-	-	-	-	-	<input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>		
ADAMS	JACK	1009999	97.2	98	62	10	98	10	<input checked="" type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>		
WILSON	JACK	1001111	98.1	117	68	13	99	90	<input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>		
	JACK	1009999	97.7	120	83	9	99	-	<input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>		
FDA	JANE	9876543210	-	-	69	-	96	-	<input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>		
EYRE	JANE	88888888	97.5	132	82	10	99	19	<input checked="" type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>		
	JANE	88888888	97.7	146	81	12	97	-	<input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>		
	JOCELYN	1	97.9	112	77	11	99	-	<input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>		
WILSON	JOE	112233445566778899	97.5	140	100	11	96	28	<input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>		
yahoo	Karen	123	-	-	-	-	-	-	<input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>		

Performance Monitor available online for \$299 with free patient portal and dashboard.



## **Personal Wellness Index (PWI)**

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Vitals Monitoring has been used successfully to reduce hospitalizations and readmissions in high risk populations. The availability of new vitals monitoring devices coupled with Rothman Index powered predictive analytics algorithms provides new opportunities for hospital or health system providers who do not have enterprise-wide integration of EHRs with Rothman Index but who wish to more effectively address quality of care improvements in selected departments or patient populations.

The Rothman Personal Wellness Index (PWI) from BodiMetrics is a subscription service for trending and scoring of the overall patient condition over time with an algorithm derived from a ground-breaking predictive analytics product, the Rothman Index. The service is available for the BodiMetrics Performance Monitor.

Patients frequently exhibit subtle warning signs before experiencing life-threatening health problems. While physicians and nurses are highly skilled to detect this deterioration, earlier detection allows the care team the additional time to intervene more successfully.

Drawing on the proven ability of the Rothman Index to forecast subtle but significant health trends, the Rothman Personal Wellness Index (PWI) combines collecting and trending of vitals data with assessment of patient condition via a yes/no questionnaire. When input into the algorithm, it provides a continuous measure of the patient's condition.

The PWI is an easy-to-use, cloud based application available to healthcare providers. This state-of-the-art personal health indicator provides early warning for important changes in patient's condition. Using the Performance Monitor, it takes just a few minutes to capture key vital signs, answer 14 yes/no questions and calculate the PWI score. The data collection and condition assessment can be done by a case worker, nurse, tech or the patient themselves.

For physicians, caregivers and other providers, PWI provides accurate medical data and early warning for deterioration, while improving the patient experience. This can result in reduced hospitalizations and readmissions, improved care, better medication adherence and more.

The free Rothman PWI mobile app can be installed on iOS or Android smartphones or tablets. Subscriptions for a cloud based service are available for \$15 per month per monitored patient with an annual subscription.