



Letters to my
Child



*These Winter Days
Twelve Months of Us Challenge*

_____ 's January Bucket List 2022

My record of all our January Adventures

Outdoor Adventures

1. Collecting Pine Cones
2. Walking - Parks, woods, nature reserves and nature trails
3. Bike riding
4. Kayaking
5. Wild swimming - Older children, adults and the very brave
6. Stargazing
7. Welly walks and puddle jumping
8. Bug and wildlife hunting
9. Bird spotting - The Big Garden Bird Watch takes place from the 28th-30th of January
Sign up on the Royal Society for the Protection of Birds website.
10. Winter Treasure hunt - Make a list of things you know will be easy to spot and go hunting. Spider webs, animal footprints, hawthorn berries.
11. Photography Walk - Inspire curiosity with any phone, tablet or camera..

Indoor Adventures - Away from Home

12. Indoor swimming
13. Cinema
14. Visit a Museum or Castle
15. Visit the Library
16. Outdoor Ice Rinks - These tend to spring up all over the place at this time of year



Turn Over



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Adventures at Home

17. Baking apple pie, sugar cookies and gingerbread
18. Making simple sweets - Fudge, fruit creams, marshmallows, sugar mice.
19. Making homemade soup
20. Making different flavoured hot chocolate or mulled apple juice
21. Movie or TV series marathon
22. Making wild bird houses and bird baths
23. Making wild bird feeders
24. Making chocolate fondue & smores indoors (using Digestive biscuits in the UK)
25. Toasting marshmallows in the garden (if you make a fire mound you won't burn the plants or grass).
26. Making scented play dough, salt dough or slime
27. Building a blanket den or fort.
28. Playing board games, card games, charades or family computer games.
29. Start growing salad leafs, spinach, spring onions and herb seeds in windowsill trays.
30. Making a wishing tree or wish jar for the coming year. What's your one wish right now
31. Making colourful, scented, bubbly bath bombs
32. Family karaoke - Or learn a Tik Tok dance or two.
33. Start putting together a scrapbook or journal for the year - for all your photos!
34. Write any thank you notes for any special gifts or to any special people
35. Complete a "Moment in Time" sheet for everyone in the family.
36. Decorate and start a family memory jar



Add Your Own Ideas



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