

Art Without Barriers

www.artshape.co.uk

Summer Newsletter September 2023

Welcome

Welcome to the September issue of Art Shape's newsletter.

Every two weeks we will share our exciting updates, stories, and keep you up to date with everything Art Shape.

You can also find out about our new courses, and meet some of our current participants.



Dates for your diary

Arts Inc monthly studio sessions Saturdays 11.30-2.30 pm Next session: 30th September

Following sessions will be on: Oct 28th and Nov 25th

Join Waiting List for Wellbeing Toolkit course - new dates and venue to be announced soon!

Exciting news



Art Shape are delighted to have won the **2023 Gloucestershire HAF award** for **Most Innovative**. After a very busy summer of HAF/HAP events, this was lovely to hear!

Starting soon

Join

List

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Join the waiting list for our Wellbeing Toolkit Course. New dates and venue to be announced soon! Reserve your place by emailing: donna@artshape.co.uk



Wellbeing Toolkit Course

Mondays 11th of September to

10.30am-12.30pm for

The Vining's, Adu

Adult Education, 4 - 6 Com Gloucester, GL1 2EA

Would you like to try creative techniques that support mental wellbeing?

Build a personalised toolkit focused on promoting resilience when looking for employment and moving into the workforce. We will help you develop creative circuit breakers to manage and reduce stress, through accessing and sharing creativity

Current opportunities

We are recruiting

Drama Tutor

We are looking for an experienced drama tutor to teach one of our popular drama classes. We are looking for someone who is dynamic, inclusive, organised and communicative; and who has experience of working with disabled participants with complex needs in an educational context.

Please get in touch by email if you are interested. Contact Nina Kirkwood at education@artshape.co.uk.

Arts Inc Studio Days

For ages 8-18

*we work with you in small,

age appropriate groups

Every Month!

Saturday 30th September

Join us for a fun days of arts and

At the Art Shape studio,

Next session:

11.30 - 2.30pm

Brockworth



Booking is essential

To book and for more information, contact Harriet at Art Shape:

harriet@artshape.co.uk or call the office 01452 863855 crafts, no experience necessary!

*bursary places available

Cost £5





This is an inclusive arts programme developed by Art Shape and designed by young creatives. Funded by Active Impact and the NHS One Gloucestershire ICS.

Art Shape is registered in England and Wales: 02699644. Charity No: 1023920



Art Without Barriers

Support Us Donation info



Art Shape is a unique and inspiring Gloucestershire charity. **We've been proud to work throughout Gloucestershire for over 30 years.** We strongly believe in the power of the arts to change lives and improve health and wellbeing - our vision is that all people can chose to engage with the arts as equals.

As a charity, Art Shape relies on donations and charitable funds to be able to reach the people we work with. Even a small donation can make a big difference and all donations are very gratefully received.

If you would like to make a donation to Art Shape

