

**Art Without Barriers** 

www.artshape.co.uk

#### **Autumn Newsletter - October** 2023

## Welcome

Welcome to the October issue of Art Shape's newsletter.

Every two weeks we will share our exciting updates, stories, and keep you up to date with everything Art Shape.

You can also find out about our new courses, and meet some of our current participants.



Arts Inc monthly studio sessions

Saturdays

11.30-2.30 pm

**Next session:** 

28th October



- Tree of Life with Warren Day
- Creating Depth in Writing with Gemma Bolwell
- Illustrative Calligraphy with Faatimah Bham
- Sketchbook sessions with Jo Teague





## **Exciting news**

Art Shape delighted to welcome Nathan to the team, our new Bookings and Volunteer co-ordinator!

## Nathan joins the team

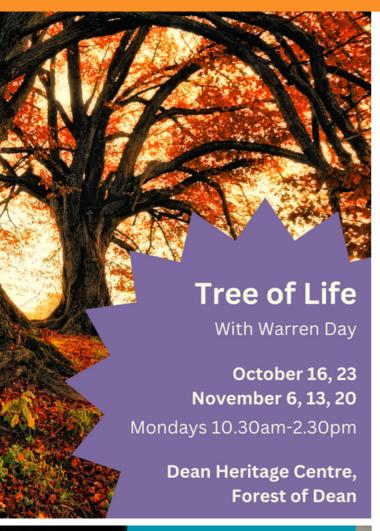


We would like to warmly welcome **Nathan** to the Art Shape office as our **new Bookings and Volunteer Co-ordinator** - it's great to have you join us Nathan!

He will be the main contact for all enquiries about new and upcoming courses and will be booking learners on to our Education courses. Nathan's other role will be to recruit, co-ordinate and support Art Shape's volunteer team.

Please get in touch with Nathan if you would like any information about courses or volunteering for Art Shape <a href="mailto:nathan@artshape.co.uk">nathan@artshape.co.uk</a> or 01450 863855.

## New courses starting soon



Explore the use of natural materials to produce interesting and unusual artwork with an organic twist. Take inspiration from the stunning colours found in an Autumnal Forest of Dean setting.

Your work will be exhibited at the Dean Heritage Centre, highlighting how spending time amongst the trees positively impacts our mental health and wellbeing.



Creating Depth In Writing

with Gemma Bolwell

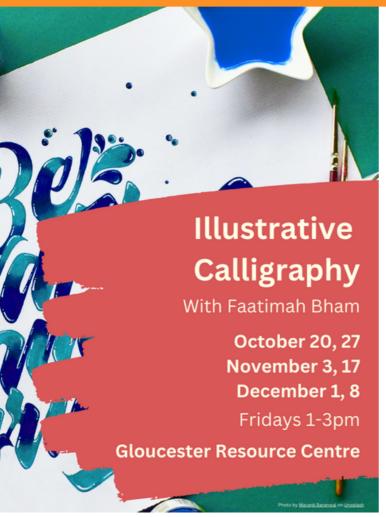
October 19, 26 November 2, 9, 23, 30 December 7, 14

Google Classrooms online

Have you ever started writing and felt stuck because your writing seems superficial or underdeveloped? In this course we'll explore ways to deepen your writing, focusing on three-dimensional characters and relationships; places and atmosphere, and communicating events. We'll examine styles and techniques used by professional writers which can help engage the reader.

Get ready to plunge into a story you'd love to convey to the world...

## New courses starting soon



Explore the art of calligraphy in a non-traditional way!

You will learn to use a nib and ink to explore Illustrative Calligraphy.

Be inspired by the Autumn and Winter months to create beautiful artwork using loops and decorative elements.





Each week you will join in with a creative activity designed to get you started exploring all sorts of ideas. Using basic materials this is a chance to fill a sketchbook with activities and ideas that you can explore later on.

No experience needed, just be willing to try out some fun artistic and creative ideas that will get you ready to start the week.



## **Arts Inc Studio Days**



# Arts Inc

Inclusive studio sessions



#### **Booking is essential**

To book and for more information, contact Harriet at Art Shape:

#### harriet@artshape.co.uk

or call the office

01452 863855

### For ages 8-18

\*we work with you in small, age appropriate groups

# Every Month!

Next session:
Saturday 28th October
11.30 - 2.30pm
At the Art Shape studio,
Brockworth

Join us for a fun days of arts and crafts, no experience necessary!

### Cost £5

\*bursary places available





This is an inclusive arts programme developed by Art Shape and designed by young creatives. Funded by Active Impact and the NHS One Gloucestershire ICS.



**Art Without Barriers** 

# Support Us Donation info



Art Shape is a unique and inspiring Gloucestershire charity. We've been proud to work throughout Gloucestershire for over 30 years. We strongly believe in the power of the arts to change lives and improve health and wellbeing - our vision is that all people can chose to engage with the arts as equals.

As a charity, Art Shape relies on donations and charitable funds to be able to reach the people we work with. Even a small donation can make a big difference and all donations are very gratefully received.

If you would like to make a donation to Art Shape

Click here to make a donation

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