

www.artshape.co.uk

March Newsletter 2024

Welcome

Welcome to the March issue of our Art Shape newsletter.

Every month we will share our exciting updates, stories, and keep you up to date with everything Art Shape.

You can also find out about our new courses, and meet some of our current participants.

In this issue

Spring has arrived, and we've been busy bees here at Art Shape!

Take a peek at the beautiful work created by participants in the **Ready, Thready Go** sewing group at the Ed Shed in Gloucester. We also share the wonderful work created during the **Scandi Toolbox** course at the Art Shape studio.

The Art Shape **Winter Warmer Recipe Book** is now available to download from our website. We hope you enjoy the very tasty recipes shared with us by participants and followers.



We can't wait for our Our Of Course We Can event - **Animation Station.**

Join us in the Art Shape studio on the **2nd, 3rd and 4th** of April for 3 action packed days of model making, illustration, and more!





Ready Thready Go

The Ready, Thready Go group have been busy learning new stitches to make all sorts of useful items.

This term, the group have been using felt and bold colours to make pincushions, needle cases, pencil cases and wheat bags. It's been great to see how everyone starts from the same point and makes something that reflects their own ideas and designs. It's been great to work with felt but the group are now keen to try something new.

One of the members of the group said:

"It's nice to sit and chat while we are sewing, it's amazing how quickly you can make something"



Ready, Thready Go 3 will begin again on April 9th and run until May 28th.

Sessions are held on Tuesdays, 10am – 12pm at the Ed Shed in Gloucester

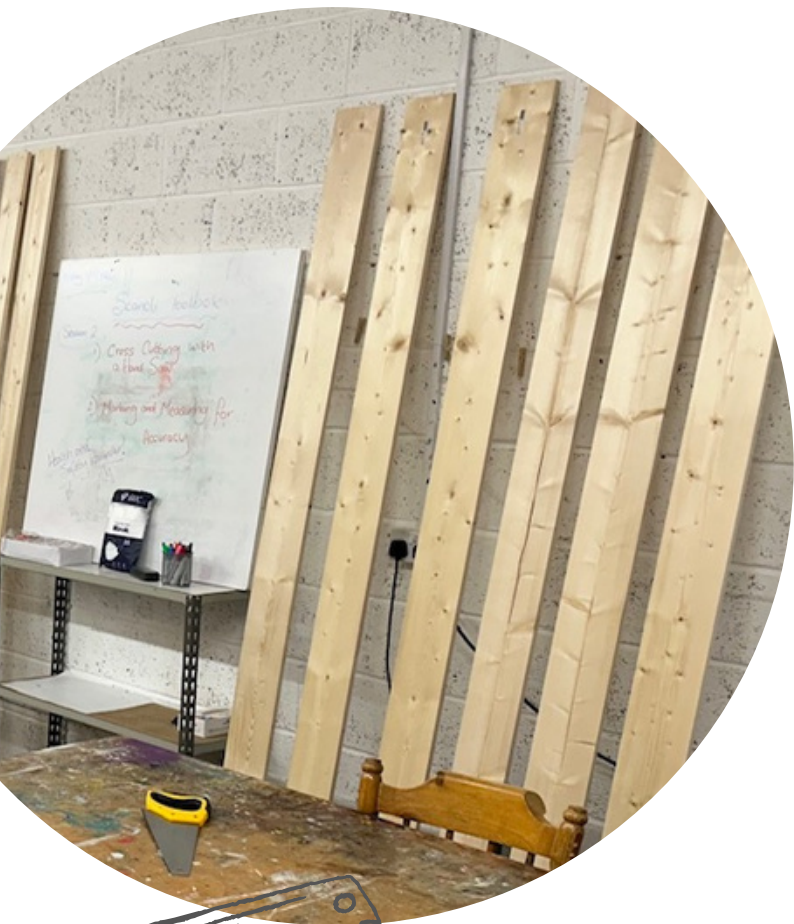
To find out more or book your place, please get in touch **01452 863855** or email **nathan@artshape.co.uk**

This course is free for people who are 19+ and live in Gloucestershire, who meet at least one of the following criteria:

- Do not have a Maths GCSE at Grade 4/C
- Have very low confidence using everyday Maths



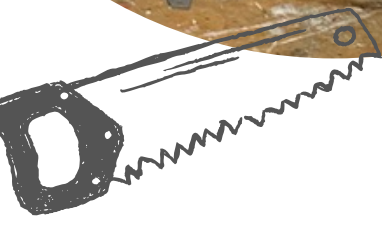
Scandi Toolbox



In the Art Shape studio, participants from the **Scandi Toolbox** have been busy honing their woodworking skills. The group have created these beautiful toolboxes made from pine.

We absolutely love them!

Tutor Nathan has loved working with this great group of lovely participants. Well done to them all, the finished toolboxes look amazing.





Winter Warmers Recipe Book Now on our website!

<https://artshape.co.uk/pages/multiply-courses>

The **Winter Warmer Recipe** book is now available on the Art Shape website for you to download (scroll to the bottom of the page.) Thank you to everyone who shared their delicious recipes with us. We hope this book gives you lots of new ideas for tasty meals. Please feel free to tag us in your cooking creations to get our tummies rumbling!

@ArtShape on Facebook **@artshape_glos** on instagram

Multiply



Animation Station

ART SHape

Join us for 3 days of art, model and film making!
Make and animate characters and scenes,
practise drawing, create a soundtrack and try
editing. Animate a graffiti wall, and get together to
tell your stories using stop-frame animation.

When: April 2nd, 3rd, 4th
Time: 10.30am to 3.30pm
Where: At the Art Shape
Studio, Brockworth Court
Farm, Court Road, GL3
4QU

For Ages: 8 - 16

Cost: £40 or (£15 per session)

Bursary places available.

Free for children receiving free school
meals.



For more information,
contact **Harriet** at
01452 863855 or
harriet@artshape.co.uk



Showtime

with Keziah Benbow

April 30

May 7, 14, 21

June 4, 11, 18, 25

Tuesday

10.15am-12.30pm

Heritage Hub

Gloucester

Showtime returns for more inclusive drama fun!

Come and join us on this exciting drama course – take part in fun drama games that will get you moving, thinking and working with other people. Create your own characters, and bring them to life using improvisation and story telling techniques. Work with others to devise and develop your own performance pieces to share.

To find out more or book your place, please get in touch
01452 863855 or email nathan@artshape.co.uk

This course is free for disabled participants who are 19+ and live in Gloucestershire.

Arts Inc

Inclusive studio sessions

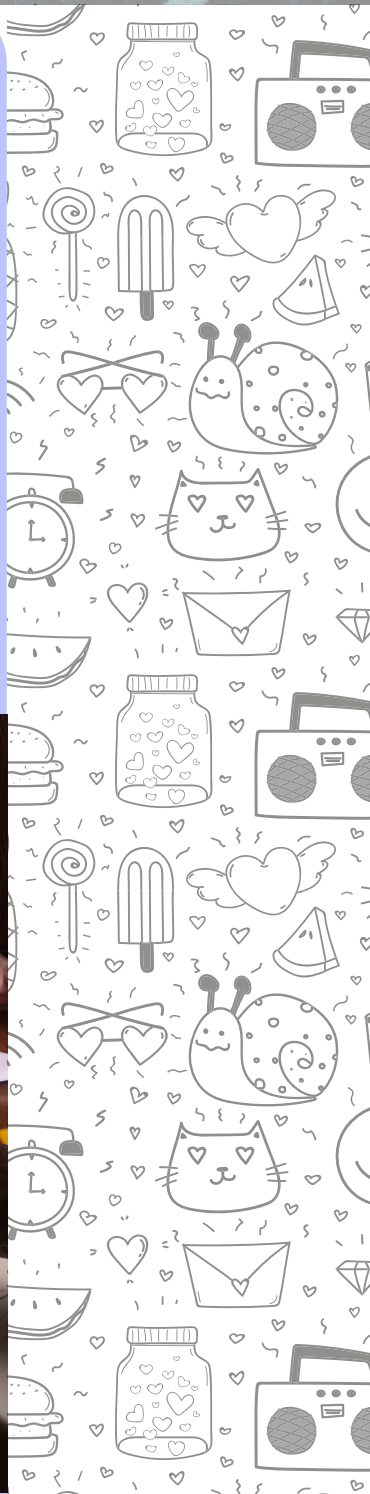
For ages 8-17

*we work with you in small, age appropriate groups

Every Month!

Each month we run fun creative sessions in our inclusive studio. Arts Inc sessions are a great opportunity to make friends, work on personal projects, and learn something new!

Explore your creativity in this relaxed and friendly environment. This month you can have a go at making drawings with charcoal and try out using watercolour paints.



Create & Connect



Creative activities for people with memory loss and their carers

Have you always enjoyed painting, drawing, other arts and crafts?
Or would you like to have a go?

Art Shape will be offering free places in a fortnightly group, meeting at:
The Wilson Cafe, Clarence St, Cheltenham

From: **10.30am- 12.30pm**

During 2024, on: **Jan 24th;**

Feb - 7th, (14th break for half term), 21st;

March - 6th, 20th;

April - 10th, 24th

For more information

Email charlotte@artshape.co.uk or

Call [01452 863855](tel:01452863855)



ART SHape



Art Without Barriers

Support Us

Donation info



Art Shape is a unique and inspiring Gloucestershire charity. **We've been proud to work throughout Gloucestershire for over 30 years.** We strongly believe in the power of the arts to change lives and improve health and wellbeing - our vision is that all people can chose to engage with the arts as equals.

As a charity, Art Shape relies on donations and charitable funds to be able to reach the people we work with. Even a small donation can make a big difference and all donations are very gratefully received.

If you would like to make a donation to Art Shape

[Click here](#)
[to make a donation](#)

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