# Sweet Dakota Bliss Refrigerator Beet Pickles

Cooked Version with Mustard & Peppercorns

# **Ingredients:**

- 4 medium Sweet Dakota Bliss beets, roasted, cooled, peeled, and sliced
- 1 cup cider vinegar
- 1 cup water
- 1/3 cup granulated sugar
- 1 teaspoon kosher salt
- 1/4 teaspoon ground mustard powder
- 5-8 whole black peppercorns

#### Steps:

#### Brine

- In a medium saucepan whisk together vinegar, water, sugar, salt, cinnamon, cloves and allspice.
- Bring to a simmer over medium heat.
- Reduce to low heat, stirring until sugar is completely dissolved.
- Remove from heat and allow to cool a bit.

### Combine

- Add beets to a clean glass jar with a tight fitting lid.
- Pour the brine over, submerging all the beets.
- Secure the lid and cool for a bit.
- Transfer to the refrigerator.
- Makes one quart.

# Sweet Dakota Bliss Refrigerator Beet Pickles

Cooked Version with Cinnamon, Cloves & Allspice

# **Ingredients:**

- 4 medium Sweet Dakota Bliss beets, roasted, cooled, peeled, and sliced
- 1 cup cider vinegar
- 1 cup water
- 1/3 cup granulated sugar
- 1 teaspoon kosher salt
- 1 teaspoon cloves
- 1 teaspoon allspice
- 1 tablespoon cinnamon

## Steps:

#### **Brine**

- In a medium saucepan whisk together vinegar, water, sugar, salt, cinnamon, cloves and allspice.
- Bring to a simmer over medium heat.
- Reduce to low heat, stirring until sugar is completely dissolved.
- Remove from heat and allow to cool a bit.

#### Combine

- Add beets to a clean glass jar with a tight fitting lid.
- Pour the brine over, submerging all the beets.
- Secure the lid and cool for a bit.
- Transfer to the refrigerator.
- Makes one quart.

# Sweet Dakota Bliss Refrigerator Beet Pickles

**Uncooked Version with Caraway** 

## **Ingredients:**

- 2 cups raw Sweet Dakota Bliss beets, peeled and thinly sliced
- 2 teaspoons caraway seeds
- 2/3 cup rice wine vinegar
- 2 tablespoons sherry vinegar
- 1/3 *cup sugar*
- 1 cup water
- 2½ teaspoons kosher salt

## Steps:

### Brine

- Combine the two vinegars and sugar and set aside.
- Bring the water to a boil, remove from heat and add to the vinegar and sugar mixture.
- Stir until the sugar is dissolved.
- Add the salt and stir well to dissolve.

#### Combine

- Add beets and caraway to a clean glass jar with a tight fitting lid.
- Pour the brine over, submerging all the beets.
- Cool for a bit and transfer to the refrigerator.
- Let marinate for at least 2 days; 2 weeks for peak flavor.

Adapted from NYT Cooking