

DIET ANALYSIS: CONDITION SPECIFIC

(per 1,000 calories)

*based on
NRC guidelines

	ALLERGY	CARDIAC	GI	HEPATIC	RENAL	LF RENAL	URINARY
BASIC COMPONENTS							
Protein*	73.0 g (moderate)	104.4 g (high)	75.0 g (moderate)	66.0 g (moderate)	66.6 g (moderate)	74.3 g (moderate)	62.0 g (moderate)
Fat*	65.1 g (high)	45.6 g (moderate)	22.5 g (low)	53.6 g (high)	54.9 g (high)	17.1 g (low)	51.6 g (high)
Fiber	10.3 g	2.5 g	3.7 g	5.8 g	4.5 g	5.4 g	3.4 g
Carbohydrate*	54.6 g (moderate)	70.5 g (moderate)	134.2 g (high)	83.1 g (moderate)	85.9 g (moderate)	169.9 g (high)	103.5 g (high)
Ash	15.9 g	10.8 g	12.7 g	21.3 g	10.6 g	9.9 g	11.9 g
Calcium	2.6 g	2.1 g	3.8 g	4.1 g	1.8 g	1.6 g	0.9 g
Phosphorus	2.4 g	1.2 g	3.5 g	3.1 g	0.7 g	0.8 g	0.8 g
Sodium	7.1 g	0.5 g	2.4 g	1.1 g	0.6 g	0.7 g	2.5 g
Taurine	1.4 g	1.2 g	1.7 g	1.2 g	1.3 g	0.3 g	1.2 g
EPA	1.3 g	1.3 g	0.5 g	0.26 g	0.94 g	0.67 g	0.62 g
DHA	0.5 g	0.4 g	0.6 g	0.3 g	0.3 g	0.5 g	0.2 g
Omega-6	7.6 g	10.2 g	9.2 g	4.8 g	2.1 g	4.8 g	1.9 g
Omega-3	0.2 g	0.7 g	2.9 g	1.3 g	0.8 g	1.7 g	2.8 g
VITAMINS							
Vitamin A	3,319 IU	1,040 IU	9,624 IU	2,515 IU	1,864 IU	7,376 IU	1,590 IU
Retinol RE	973 mcg	309 mcg	558 mcg	653 mcg	408 mcg	890 mcg	181 mcg
Vitamin B1	5.6 mg	10.5 mg	6.3 mg	7.1 mg	5.2 mg	5.3 mg	3.2 mg
Vitamin B2	5.9 mg	11.5 mg	8.2 mg	3.4 mg	5.5 mg	5.7 mg	3.4 mg
Vitamin B3	28.2 mg	47.6 mg	24.3 mg	31.4 mg	32.0 mg	32.7 mg	17.6 mg
Vitamin B6	6.6 mg	12.0 mg	7.8 mg	3.2 mg	6.7 mg	6.2 mg	3.7 mg
Vitmain B12	31.1 mg	60.7 mg	40.1 mg	77.7 mg	25.8 mg	25.6 mg	17.2 mg
Folate	182 mcg	450 mcg	183 mcg	386 mcg	151 mcg	135 mcg	342 mcg
Vitamin E	105 IU	80 IU	127 IU	73 IU	105 IU	104 IU	53 IU
MINERALS							
Magnesium	480 mg	280 mg	470 mg	198 mg	230 mg	195 mg	130 mg
Potassium	4,830 mg	1,850 mg	3,650 mg	2,870 mg	2,010 mg	1,249 mg	1,310 mg
Iron	18.0 mg	24.5 mg	19.5 mg	8.4 mg	11.8 mg	11.0 mg	13.9 mg
Zinc	30.8 mg	43.8 mg	30.4 mg	72.8 mg	20.0 mg	19.9 mg	20.3 mg
Copper	1.6 mg	2.9 mg	1.6 mg	0.7 mg	1.3 mg	1.4 mg	1.0 mg
Manganese	1.4 mg	2.9 mg	1.3 mg	2.3 mg	2.1 mg	2.7 mg	2.2 mg
Iodine	268 mcg	467.4 mcg	278 mcg	222 mcg	332 mcg	377 mcg	444 mcg
Selenium	121 mcg	232 mcg	135 mcg	121 mcg	124 mcg	148 mcg	120 mcg
AMINO ACIDS							
Aginine	4.2 g	6.2 g	4.0 g	2.8 g	3.2 g	4.4 g	4.1 g
Cystine	0.8 g	1.0 g	0.8 g	0.8 g	0.6 g	1.1 g	0.9 g
Histidine	2.3 g	2.5 g	2.2 g	1.2 g	1.4 g	2.0 g	1.8 g
Isoleucine	3.0 g	3.8 g	2.6 g	2.4 g	1.7 g	3.5 g	2.8 g
Leucine	5.4 g	7.1 g	7.3 g	4.1 g	3.8 g	5.4 g	4.9 g
Lysine	5.8 g	7.4 g	8.4 g	3.5 g	4.2 g	5.1 g	4.5 g
Methionine	1.7 g	2.5 g	1.9 g	1.3 g	1.4 g	1.9 g	1.6 g
Phenylalanine	2.7 g	3.5 g	2.9 g	2.5 g	1.9 g	3.1 g	2.7 g
Threonine	2.9 g	3.9 g	3.0 g	2.1 g	2.0 g	2.8 g	2.4 g
Tryptophane	0.5 g	1.0 g	0.7 g	0.6 g	0.6 g	0.8 g	0.5 g
Tyrosine	2.1 g	3.0 g	2.1 g	2.0 g	1.6 g	2.4 g	2.0 g
Valine	3.4 g	4.1 g	4.8 g	3.2 g	1.9 g	3.8 g	3.3 g