

Veggie Scrambled Eggs

Prep Time: 5 Min **Cook Time:** 8 Min **Total Time:** 13 Min
Serves 1

Ingredients

- 1/2 cup zucchini (sliced)
- 1/2 cup mushrooms (sliced)
- 1/8 cup peppers (chopped)
- 1 tsp coconut oil
- 1 egg
- 1/2 cup egg whites
- 1 oz shredded cheese
- 1/8 cup salsa (Pace is my favorite)

Instructions

- 1 Fry your veggies in frying pan with coconut oil until cooked
- 2 Scramble your egg and egg whites
- 3 Add eggs to cooked veggies and stir until cooked
- 4 Place on plate and sprinkle cheese on top
- 5 Add salsa (optional) and enjoy

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