

# Tossed Salad With Sirloin Strips & Strawberries

**Prep Time:** 5 Min **Cook Time:** 15 Min **Total Time:** 20 Min  
Serves 1

## Ingredients

- 100g of sirloin cut into strips
- 2 cups of raw spinach or lettuce
- 1 cup of sliced strawberries
- 2 broken-up breadsticks
- Splash of lemon juice
- Your choice of "0 calorie" salad dressing

## Instructions

- 1 Season and cook meat
- 2 Slice Strawberries
- 3 Break up Breadsticks
- 4 Toss all three ingredients into your chosen greens along with a splash of juice from a lemon & your choice of salad dressing

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