

Taco Seasoning - Choose Your Recipe Size

Prep Time: 10 Min Total Time: 10 Min

Individual Recipe (Good For 100g Of Hamburger)

1 tsp onion powder or minced

1/2 tsp garlic powder or 1 clove

Dashes of any or all the following; chili powder, cumin, salt, pepper, paprika, oregano, etc

Small Recipe (Good For 500-700g Of Hamburger)

1 tbsp chili powder

1.5 tsp cumin

1.5 tsp salt

1/2 tsp paprika

1/2 tsp pepper

1/4 tsp garlic powder

1/4 tsp onion powder

1/4 tsp oregano

1/8 tsp red pepper flakes (optional)

Bulk Recipe (Use 2 Tbsp For Each 500g Of Meat)

1/2 cup chili powder

1/4 cup cumin

2 Tbsp salt

4 tsp paprika

4 tsp pepper

2 tsp garlic powder

2 tsp onion powder

2 tsp oregano

1 tsp red pepper flakes (optional)

Instructions

1 Mix all ingredients together. It is now ready to add to any cooked hamburger or ground chicken.

Taco Meat

- 1 Brown hamburger or ground chicken draining any extra fat
- 2 Add taco seasoning
- 3 Add water (2 Tbsp - 1/2 cup depending on the amount of meat)
- 4 Simmer, allowing spices to blend & excess water to evaporate
- 5 Use meat to make regular tacos or a taco salad

Notes

The bulk recipe makes almost 1 1/4 cups of seasoning which will season over 9 lbs of beef or chicken and will save you both time & money.

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