

# Spinach Salad With Chicken & Strawberries

**Prep Time:** 10 Min **Cook Time:** 5 Min **Total Time:** 15 Min

Serves 1

## Ingredients

100g of cubed cooked chicken

2 cups of raw spinach or lettuce

1 cup of sliced strawberries

Your choice of "on protocol" or "0 calorie" dressing

## Instructions

- 1 Combine cooked chicken, strawberries, and spinach
- 2 Toss with your favorite dressing - with this recipe I like the Walden Farms Raspberry Vinaigrette

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