

Lemon Advocado Salad Dressing

Prep Time: 15 Min **Total Time:** 15 Min
Serves 8

Ingredients

½ cup Extra Virgin Olive Oil

½ cup Lemon Juice

¼ cup Fresh Orange Juice

1 tsp. Garlic, minced

1 Tbsp. Honey (substitute Stevia to taste if using in Phase 3)

¼ Avocado (more for thicker consistency)

Sea Salt and Pepper to Taste

Instructions

- 1 Use a blender to blend all ingredients together.
- 2 Store in a refrigerator for a few days and enjoy!

Notes

This recipe can be used for Phase 3 IF you use Stevia to sweeten rather than the honey that is called for. Sweeten to taste. You may switch back to honey once you enter Phase 4.

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