

Ginger Soy Grilled Chicken

Prep Time: 35 Min **Cook Time:** 8 Min **Total Time:** 43 Min
Serves 2

Ingredients

- ½ cup Bragg's liquid soy or amino seasoning
- 1 inch fresh ginger, peeled and minced
- 2 boneless, skinless chicken breasts

Instructions

- 1 In a small bowl, add soy sauce and ginger and whisk to combine. Set aside ½ the marinade in a small bowl (cover until ready to use).
- 2 Marinate chicken in ½ the marinade for 30 minutes to one hour.
- 3 Pre-heat grill. Grill chicken, brushing with reserved marinade occasionally, until cooked through, about 6-8 minutes per side, depending on grill type and heat level.
- 4 Serve with vegetable of choice (I liked steamed broccoli or grilled zucchini)

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