

Garlic & Basil Shrimp With Tomatoes

Prep Time: 5 Min **Cook Time:** 8 Min **Total Time:** 13 Min

Serves 1

Ingredients

100g tiger shrimp

100g+ tomatoes

1/2 tsp Basil

1/2 tsp Garlic

Dash of Sea Salt

Juice of 1/2 Lemon

Shirataki Noodles

Instructions

- 1 Cook tiger prawns in boiling water & set aside - do not overcook
- 2 Heat 100g+ of tomatoes in a pan
- 3 Add basil, garlic, salt, and lemon juice while cooking
- 4 Add the shrimp when almost done
- 5 Pour over a bed of calorie free Shirataki (Yam) Noodles

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