

# Effortless Cream Of Chicken Soup

**Prep Time:** 10 Min **Cook Time:** 20 Min **Total Time:** 30 Min  
Serves 1

## Ingredients

100 g cooked chicken  
celery (allowed amount)  
1.5 cups of broth  
3 cloves garlic  
1 T dehydrated minced onion  
1/2 t parsley  
1/2 t basil  
ground white pepper (to taste)  
salt (optional)

## Instructions

- 1 Preheat saucepan over MED-HI heat.
- 2 In food processor, combine all ingredients and pulse until reaches desired consistency.
- 3 Pour into saucepan and bring to boil.
- 4 Reduce heat to simmer, cover, and heat 20-30 mins.
- 5 Serve

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