

Cinnamon Raisin Cottage Cheese

Prep Time: 5 Min **Total Time:** 5 Min
Serves 1

Ingredients

- 2/3 cup cottage cheese
- 1/2 cup applesauce (unsweetened)
- 2 tbsp. raisins
- 1 1/2 tbsp. chopped almonds or walnuts
- 1/2 tsp ground cinnamon

Instructions

- 1 Place applesauce into a bowl.
- 2 Top with cottage cheese, raisins and nuts.
- 3 Sprinkle with cinnamon

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