

Chocolate Cherry Kale Smoothie

Total Time: 5 Min
Serves 1

Ingredients

½ cup frozen cherries

½ cup frozen kale

1 cup unsweetened coconut milk

2 Tbsp unsweetened cocoa powder

1 scoop unsweetened pea protein powder (or your choice of protein powder)

½ Tbsp chia seeds

1/2 Tbsp raw honey or Stevia to taste (optional)

Instructions

- 1 Blend
- 2 Serve
- 3 Enjoy!

team victory / spray it away <http://sprayitaway.ca/>