

Chicken N' Cabbage

Prep Time: 10 Min **Cook Time:** 35 Min **Total Time:** 45 Min
Serves 4

Ingredients

- 1 small head of cabbage, shredded
- 4 boneless chicken breasts
- 1 tsp thyme
- 1 tsp sage
- 1 tsp rosemary
- Sea salt & pepper to taste

Instructions

- 1 Preheat oven to 400 degrees
- 2 Place cabbage evenly in a non-stick 9x13 inch baking pan
- 3 Top the bed of cabbage with chicken breasts
- 4 Sprinkle the chicken with the remaining ingredients
- 5 Cover with tin foil
- 6 Bake in oven for 35 minutes
- 7 Remove from oven and let rest for 5 minutes and serve

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