

Beyond Steamed Chicken & Tomatoes

Prep Time: 5 Min **Cook Time:** 40 Min **Total Time:** 45 Min

Serves 1

Ingredients

100g Chicken

2 cups Water

1 tsp. Garlic Powder

1 Tbsp. Onion Powder

1/4 tsp. Pepper

1/16 tsp. Cayenne Pepper

1/4 tsp. Paprika

1 tsp. Lemon juice

100g Cherry or Grape tomatoes

Instructions

- 1 Brown chicken in pan.
- 2 Add water, garlic powder, onion powder, pepper, cayenne pepper, paprika and lemon juice.
- 3 Cook until liquid is reduced.
- 4 Add tomatoes and cook until they are warmed.

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