

Apple & Breadstick

Prep Time: 3 Min **Total Time:** 3 Min

Serves 1

Ingredients

- 1 apple
- 2 Grissini breadsticks

Instructions

- 1 Many people like to have an apple and breadsticks (or Melba toast) as an afternoon snack.
- 2 You may use an apple corer, as seen, which quickly cuts the apple.
- 3 You can also see the brand of bread sticks available at Superstore. You can have 2 of the breadsticks in place of one Melba toast.

team victory / spray it away <http://sprayitaway.ca/>