

Apple Bake

Prep Time: 4 Min **Cook Time:** 4 Min **Total Time:** 8 Min
Serves 1

Ingredients

1 apple

cinnamon

Instructions

- 1 Cut apple into thin slices
- 2 Lay them into a bowl with a splash of water
- 3 Cook in Microwave or on stove for 3-5 min
- 4 To top it all off, sprinkle cinnamon over cooked apples

team victory / spray it away <http://sprayitaway.ca/>