

Adjustable Loft Pillow User Manual

READ AND SAVE THESE INSTRUCTIONS

Inspect Unit Before Use.

Contact support@upperechelonproducts.com immediately for any damaged or defective units.

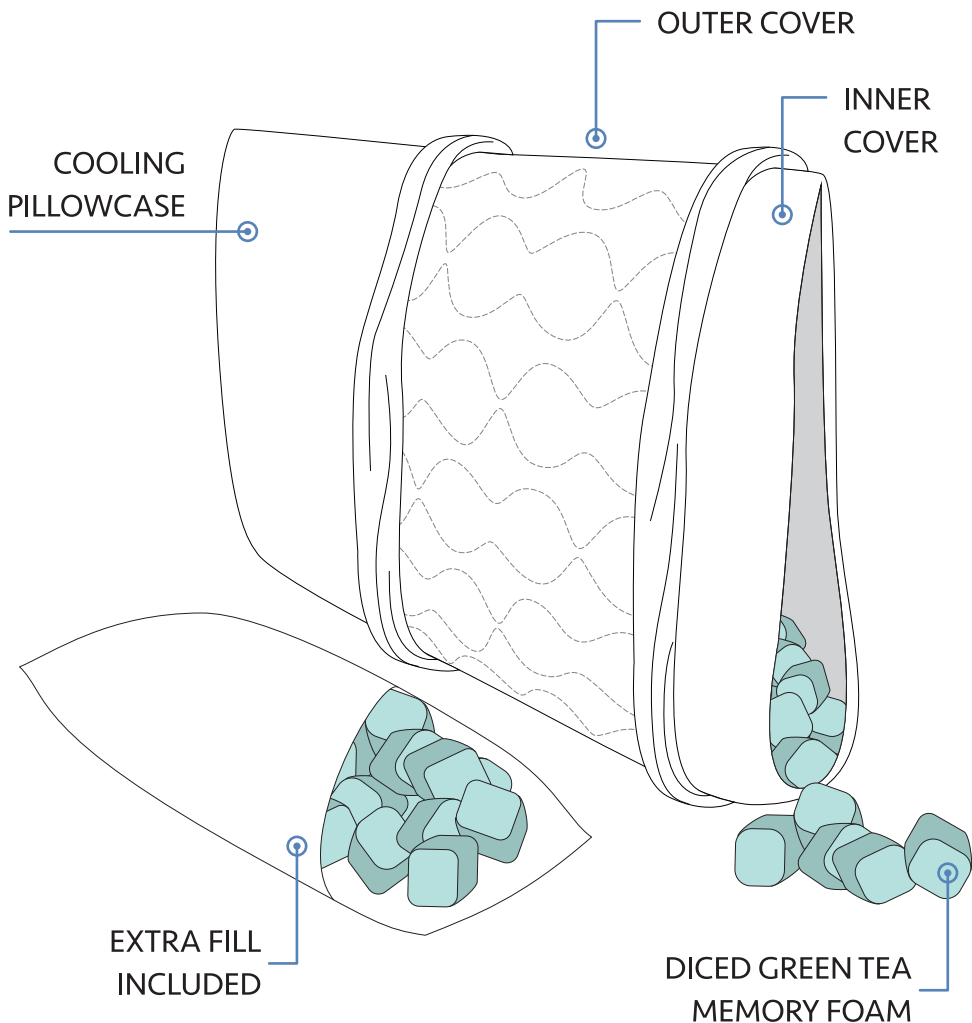
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1. EXPLODED DIAGRAM

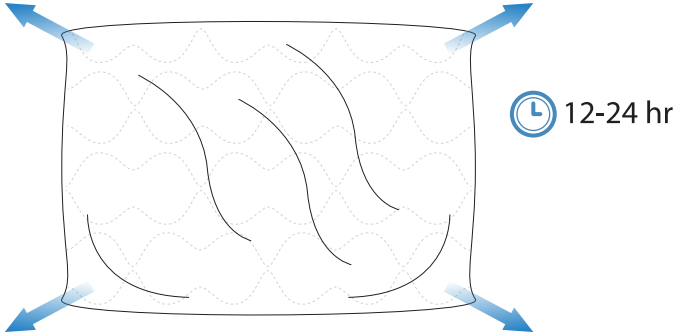


2. HOW TO USE

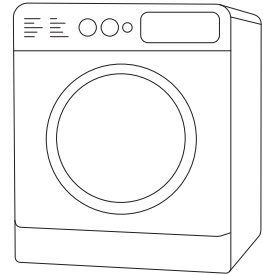
BEFORE FIRST USE

- 1 The pillow arrives vacuum sealed

Unwrap and unroll the pillow from its packaging and let it sit for 12-24 hours until it has expanded.

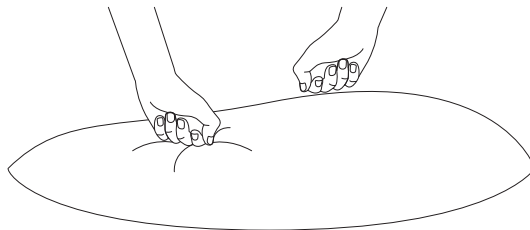


- 2 Fluff the pillow by putting it in the dryer with a dryer sheet for 2-3 minutes on low heat to help soften and redistribute the memory foam.

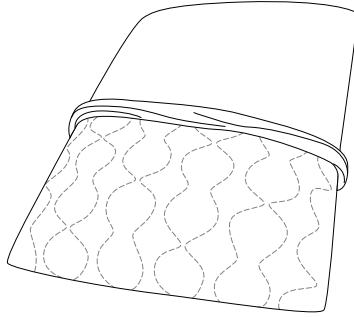


Don't have a dryer? No problem! Fluff the pillow manually by GENTLY punching, prodding and massaging it 2-3 minutes.

Note: You do not need to put the cooling pillowcase in the dryer before first use.



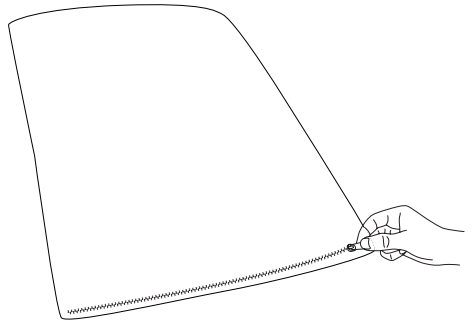
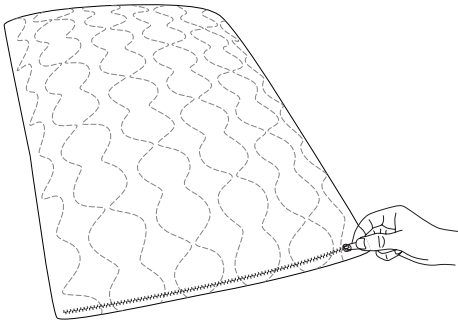
3 Place the cooling pillowcase on the pillow



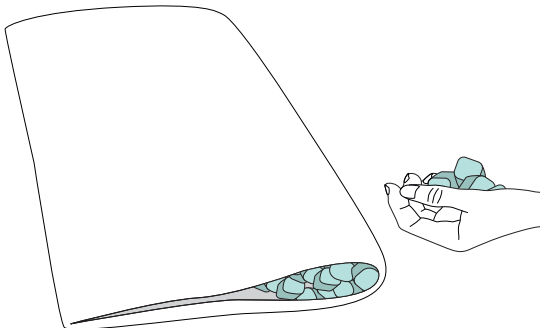
To add or remove filling:

1 Unzip the outer case.

2 Unzip the inner case.



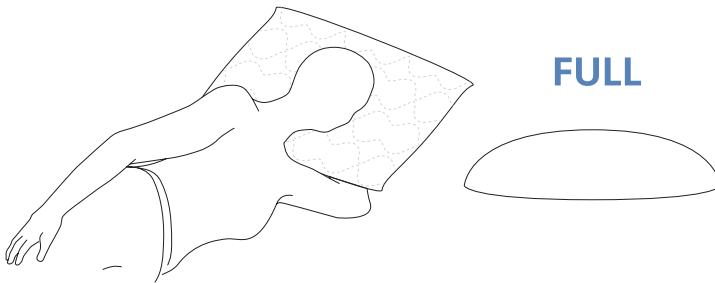
3 Add or remove fill to achieve the right loft.



OUR RECOMMENDATIONS BASED ON YOUR PREFERRED SLEEP POSITION:

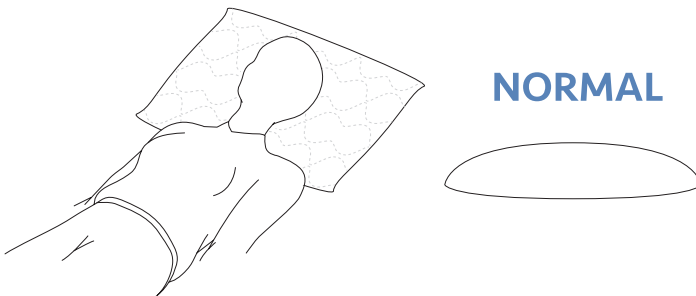
Side Sleeper

Out of the box, the adjustable loft pillow contains the optimal amount of filling for side sleepers who enjoy a nice amount of height in their pillow. If you need to add more fill, we've included a complimentary extra bag of it. Unzip the inner case. Add or remove fill to achieve the right loft.

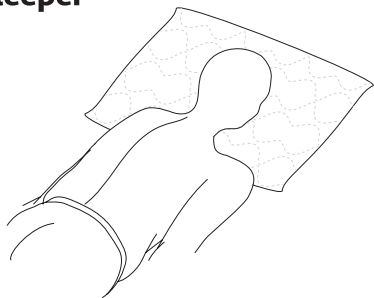


Back Sleeper

Typically, less filling is needed for back sleepers, so remove about 1/4 of the memory foam filling.



Stomach Sleeper

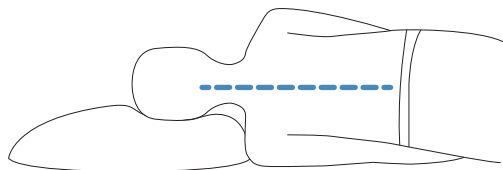


SLIM



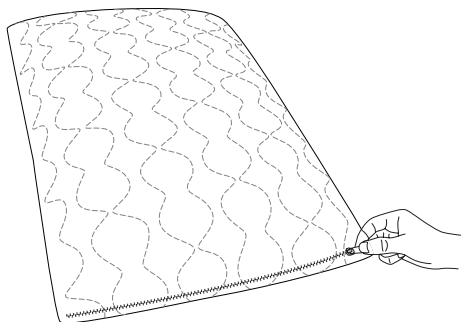
Typically, even less filling is needed for stomach sleepers than back sleepers. Remove about $\frac{1}{3}$ of the filling.

Head and neck position are important during sleep and so is maintaining good posture. Make sure your neck is straight and not leaning forward or tilting backwards on your pillow. Adjust memory foam filling in the pillow to find the optimal alignment between your head and neck.

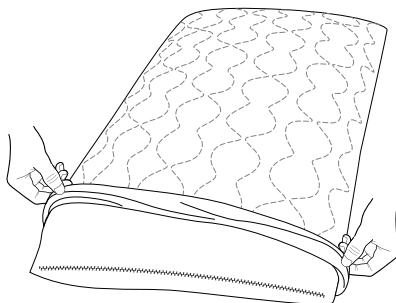


3. HOW TO CLEAN

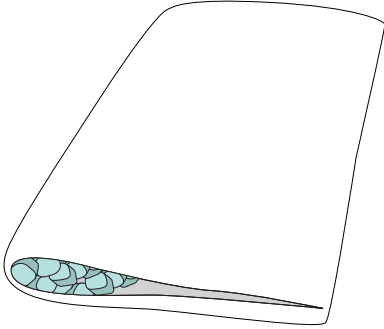
1 Unzip the zipper on the side of the pillow.



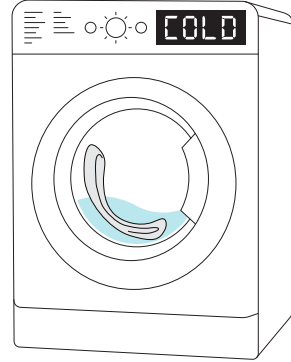
2 Pull out the outer cover from inside the pillowcase.



3 Pull out the inner cover containing the memory foam stuffing from inside the outer case.



4 Machine wash the cooling pillowcase and outer cover in cold water. Dryer safe on low heat or air fluff.



IMPORTANT

DO NOT PUT MEMORY FOAM FILLING IN WASHER OR DRYER.

HAVE AN ISSUE WITH YOUR ADJUSTABLE LOFT PILLOW?

Enjoy hassle-free replacements: if your adjustable loft pillow is defective or damaged, we will ship you a new one ABSOLUTELY FREE.

For fast and knowledgeable service, get in touch with one of our customer service experts right now!

 everlastingcomfort.net

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WRITE A MESSAGE
TO SUPPORT



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