

SteadCrunch™

HEALTHY ANYTIME SNACK

SteadCrunch™ KEY POINTERS

1. **SteadCrunch™** is a multigrain energy bar made of rolled oats, wheat flakes, cornflakes, rice crisps, raisins, honey, and almonds- coated with chocolate. The multigrain mixture gives an energy boost and is a delicious, healthy snack that one can enjoy between meals.
2. A bar of **SteadCrunch™** provides 2 g of dietary fibre, which provides satiety for an hour, helping in weight management.
3. **SteadCrunch™** is free of cholesterol, making it a guilt-free snack that's a better choice for munching than junk food. It's not baked or fried either.
4. **SteadCrunch™** contains raisins and honey, which have antioxidant properties.
5. Almonds in **SteadCrunch™** are a source of antioxidants, fibre, healthy fat, vitamins, and minerals.
6. **SteadCrunch™** contains the immunity-booster Vitamin C, along with Zinc and Iron, which have a positive impact on well-being.
7. Athletes can take **SteadCrunch™** before a workout for an extra energy boost or during and after workouts to restore energy levels.
8. For active individuals, **SteadCrunch™** is a healthy snack that can be eaten during breakfast, between meals, or any time of the day to satisfy frequent hunger pangs.
9. Unlike most chocolates available in the market, **SteadCrunch™** does not melt in the mouth- it breaks into pieces, which can be mixed in milk and enjoyed in the morning as a chocolaty breakfast cereal.
10. **SteadCrunch™** is free of added preservatives, colours, or artificial sweeteners.

HEALTHY ANYTIME SNACK



Boosts
Energy



Guilt-Free
Snack



Made from
Multigrain



Contains
Vitamin C



No
Preservatives



Provides
Satiety