

SteadCrunchTM

HEALTHY ANYTIME SNACK

SteadCrunchTM KEY POINTERS

1. **SteadCrunchTM** is a multigrain energy bar made of rolled oats, wheat flakes, cornflakes, rice crisps, raisins, honey, and almonds- coated with chocolate. The multigrain mixture gives an energy boost and is a delicious, healthy snack that one can enjoy between meals.
2. A bar of **SteadCrunchTM** provides 2 g of dietary fibre, which provides satiety for an hour, helping in weight management.
3. **SteadCrunchTM** is free of cholesterol, making it a guilt-free snack that's a better choice for munching than junk food. It's not baked or fried either.
4. **SteadCrunchTM** contains raisins and honey, which have antioxidant properties.
5. Almonds in **SteadCrunchTM** are a source of antioxidants, fibre, healthy fat, vitamins, and minerals.
6. **SteadCrunchTM** contains the immunity-booster Vitamin C, along with Zinc and Iron, which have a positive impact on well-being.
7. Athletes can take **SteadCrunchTM** before a workout for an extra energy boost or during and after workouts to restore energy levels.
8. For active individuals, **SteadCrunchTM** is a healthy snack that can be eaten during breakfast, between meals, or any time of the day to satisfy frequent hunger pangs.
9. Unlike most chocolates available in the market, **SteadCrunchTM** does not melt in the mouth- it breaks into pieces, which can be mixed in milk and enjoyed in the morning as a chocolaty breakfast cereal.
10. **SteadCrunchTM** is free of added preservatives, colours, or artificial sweeteners.

SteadCrunch™

HEALTHY ANYTIME SNACK



Boosts Energy



Guilt-Free Snack



Made from Multigrain



No Preservatives



Cholesterol Free



Boosts Gut Health



Provides Satiety



Contains Vitamin C