

## **FIZZ OF HYDRATION**

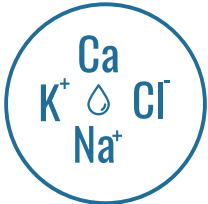
### **Steadlytes™ KEY POINTERS**

1. Steadlytes™ is an effervescent supplement that replenishes lost electrolytes and provides instant hydration.
2. Steadlytes™ contains five electrolytes- sodium, chloride, potassium, magnesium, and calcium- which ensure the body's optimal functioning and hydration by balancing pH and water level.
3. By maintaining electrolyte balance, Steadlytes™ reduces fatigue and muscle cramps. Athletes, in particular, can take it during a workout or championship to boost performance.
4. Potassium, calcium, and sodium help in muscle contraction and prevent muscle weakness or spasms.
5. Vitamin C in Steadlytes boosts exercise performance by reducing the adverse effects of oxidative stress during exercise, including muscle damage, fatigue, and low immunity.
6. Vitamin B12 maintains bone mineral density, which reduces the risk of fractures.
7. Vitamins C and B12 in Steadlytes are antioxidants that strengthen the nervous system.
8. Steadlytes™ is safe to consume. It is free of added salts, sugar, and caffeine.
9. Steadlytes™ is gentle on the stomach.
10. Take 1-2 tablets of Steadlytes™ with 200 ml water at any time during the day to maintain optimal hydration.

# Steadlytes™

INSTANT ELECTROLYTES & VITAMINS

## FIZZ OF HYDRATION



**Replenishes  
Electrolytes**



**Reduces Muscle  
Cramps**



**Gentle on  
Stomach**



**Strengthens  
Nervous System**



**Reduces  
Fatigue**



**Supports  
Bone Health**



**Boosts Athletic  
Performance**



**Maintains  
PH Level**