

# SteadCREATINE™

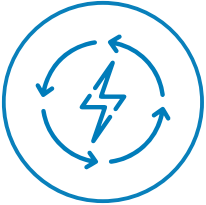
## THE ENERGY MAXIMISER

### SteadCREATINE™ KEY POINTERS

1. SteadCreatine™ provides 1500 mg of creatine monohydrate, which fuels muscles with energy, increases muscle strength, and boosts cognitive alertness.
2. SteadCreatine™ increases phosphocreatine stores in muscles, regenerating ATP, a form of energy that fuels muscles, improving exercise performance.
3. SteadCreatine™ is ideal for high-intensity sports as it provides greater training tolerance.
4. SteadCreatine™ helps in new muscle fibre growth, increasing muscle strength and enabling athletes to perform more reps and work out longer.
5. SteadCreatine™ improves lean muscle mass by decreasing myostatin, a molecule that stunts muscle growth.
6. SteadCreatine™ boosts muscle repair, which enhances recovery after intense exercise.
7. SteadCreatine™ may also increase dopamine levels, improving brain function and reducing symptoms of fatigue and tiredness.
8. SteadCreatine™ is safe to consume and is 100% vegetarian.
9. Take a tablet of SteadCreatine™ 30 minutes before your exercise schedule for improved performance
10. SteadCreatine™ is available in an effervescent form, which ensures better absorption and makes it easy to consume.

# Stead CREATINE™

## THE ENERGY MAXIMISER



**Helps Fuel Muscles with Energy**



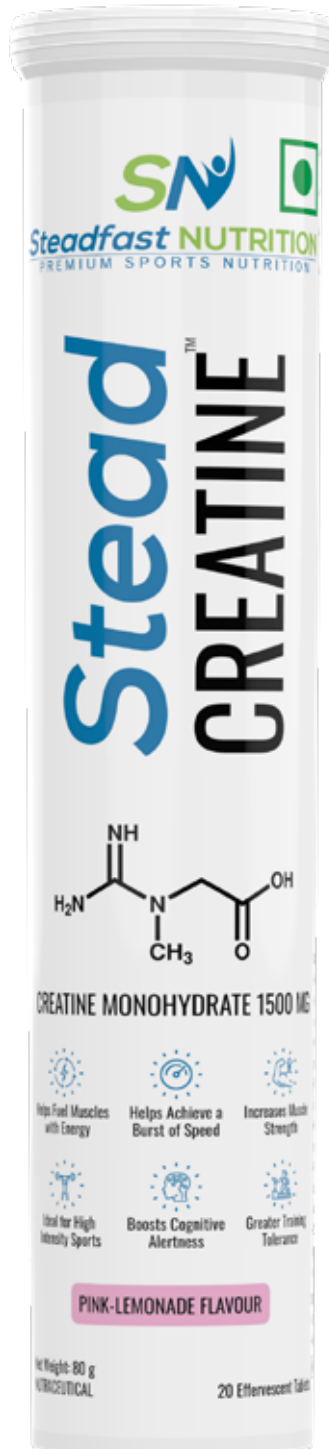
**Increases Muscle Strength**



**Boosts Cognitive Alertness**



**Enhances Recovery**



**Helps Achieve a Burst of Speed**



**Ideal for High Intensity Sports**



**Improves Training Tolerance**



**Reduces Muscle Breakdown**