



Peanut Butter KEY POINTERS

- 1. Steadfast Peanut Butter Chocolate Crispy contains dark chocolate with added rice crispies for a crispy texture.
- **2.** Each 30 g serving of **Peanul Butter** Chocolate Crispy comes with the goodness of healthy fats, proteins and carbohydrates. It comes in a delicious chocolate flavour.
- **3.** Pearut Butter Chocolate Crispy is rich in macro micronutrients and micronutrients, including vitamins B1, B3, B5, B6, folate, iron, potassium, zinc, selenium, copper, manganese, and magnesium.

Steadfast NUTRIT

- 4. Peanut Butter Chocolate Crispy contains antioxidant resveratrol, which fights free radicals, reducing the risk of heart disease and cancer, delays signs of ageing, including wrinkles, fine lines and dark spots.
- 5. **Peanul Butter** Chocolate Crispy in the heart-friendly fats: monounsaturated fatty acids (MUFA) and polyunsaturated fatty acids (PUFA), which boost heart health.
- **6.** Folate, Niacin and Vitamin B1 in Peanut Butter Chocolate Crispy boost brain health. Niacin and Vitamin B1 may also prevent age-related cognitive impairment and Alzheimer's disease.
- 7. **Peanul Butter** is a source of good fats and helps prevent the formation of gallstones by reducing triglyceride levels.
- **8.** Polyphenols and resveratrol, abundant in Peanut Butter Chocolate Crispy, are called mood foods that help treat cognitive and mental illnesses.





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- **9.** Iron, magnesium, and calcium in Peanut Butter Chocolate Crispy keeps bones healthy and preserves bone mineralisation.
- **10.** Peanut Butter Chocolate Crispy is high in protein and dietary fibre, which provides satiety, helping in weight loss.
- 11. Peanut Butter Chocolate Crispy contains zinc and vitamin E, which improve eye health.
- **12.** Peanut Butter Chocolate Crispy is keto-friendly, being high in good fat and relatively low in carbohydrates.
- 13. Peanut Butter Chocolate Crispy is an excellent energy source- take a sachet whenever you feel low on energy or need to boost energy for your exercise or training session.
- **14.** People with diabetes can take Peanut Butter Chocolate Crispy to manage blood glucose levels.
- **15. Peanut Butter** Chocolate Crispy is a daily essential: weight watchers, active people, strength and endurance athletes, and fitness enthusiasts can take it.



TWIST OF CRISPNESS



Boosts Energy Levels



Hydrogenated Oil & Preservatives



Rich in Nutrients







Keto Friendly

