

MILK THISTLE

THE LIVER REJUVENATOR

MILK THISTLE KEY POINTERS

1. Milk Thistle is the safest and natural solution to promote liver health.
2. The active compound present in Milk Thistle is Silymarin, which accounts for its all benefitting properties.
3. Milk Thistle promotes liver health and is specifically beneficial for people suffering from conditions like non-alcoholic fatty liver disease and liver cirrhosis.
4. Supports liver and kidney functioning by assisting in organ detoxification.
5. Promotes liver health which ensures better absorption and utilisation of nutrients in the body.
6. Silymarin present in Milk Thistle acts as a powerful antioxidant source and useful for fighting oxidative stress.
7. Reduces inflammation hence beneficial for reducing exercise-induced muscle soreness, joint pain and symptoms of arthritis.
8. Safe to consume by diabetics and heart patients as Milk Thistle helps in managing blood cholesterol and blood glucose levels.
9. Milk Thistle is beneficial for people who are chain smokers and regular alcohol drinkers, to minimise organ damage.
10. Ideal for people who are on high protein diets.

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**Protects
Liver Health**



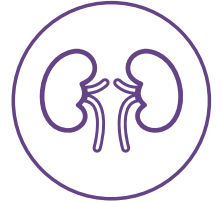
**Reduces
Inflammation**



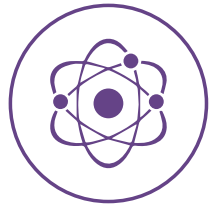
**Supports
Brain Health**



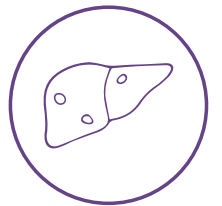
**Lowers
Cholesterol**



**Supports
Kidney Function**



**Powerful
Antioxidant**



**Supports
Organ Detoxification**



**Manages
Blood Glucose Levels**